

# North West NDTMS Monthly Report

DECEMBER 2007

## Contents

Introduction	1
Triage and discharge information	2
Number in treatment by D(A)AT	3
Age of individuals in contact with treatment services	4
Gender and Ethnicity	5
Referral Sources	6
Discharge Reasons	7
Successful completion	8
Primary drug of use	9

Claire Shaw  
Ayesha Khundakar  
Adam Marr  
Jim McVeigh

Centre for Public Health,  
Faculty of Health and  
Applied Social Sciences,  
Liverpool John Moores  
University,  
Castle House,  
North Street,  
Liverpool.  
L3 2AY

Tel (0151) 231 4380  
Fax (0151) 231 4515

C.Shaw@ljmu.ac.uk

## Introduction

This publication is part of the 2007/08 series of monthly reports produced by the Centre for Public Health detailing the results of the National Drug Treatment Monitoring System (NDTMS) in the North West of England. The report aims to provide each of the 22 North West Drug (and Alcohol) Action Teams (D(A)ATs) with timely information on the number, and profile, of those in contact with treatment services in the area. In order to provide D(A)ATs with timely information, the monthly reports detail year-to-date figures for the number of people in contact with treatment services up to, and inclusive of, the previous month. Therefore, this monthly report details year to date information from 1<sup>st</sup> April 2007 up to 30<sup>th</sup> November 2007. The report gives D(A)ATs the ability to monitor the main routes of referral for those in contact with services, whilst also providing information on the discharge reasons for those leaving treatment services. The report gives information on all D(A)ATs in the region to offer individual D(A)ATs the ability to track their own performance in relation to other areas within the North West.

The total number of clients in each D(A)AT quoted in this report may differ slightly to the Local Delivery Plan (LDP) figures produced nationally by National Drug Evidence Centre (NDEC) and NTA. This is due to methodological differences between North West NDTMS (CPH, Liverpool John Moores University) and NDEC. NDEC figures include North West residents who were in contact with services outside of the region. Additionally, where a client does not have a D(A)AT of residence, NDEC use a method of interpolation, calculating the proportion of people resident in D(A)AT areas found in complete records and applying this to missing data. The Centre for Public Health does not use this method and reports on only those clients for whom the relevant data have been provided. The Centre for Public Health, Liverpool John Moores University, uses the last day of the reporting month to calculate the age of those in contact with treatment services. This is in contrast to the method of age calculation used by NDEC.

The Centre for Public Health, Liverpool John Moores University welcomes feedback on the content of the report to help with future reporting methods. Feedback on the method of report dissemination would also be appreciated. Developments in future monthly reporting will occur following this consultation period.

In addition to NDTMS monthly reports, the North West NDTMS, based at the Centre for Public Health, Liverpool John Moores University, produce additional outputs based on NDTMS information. Additional outputs include annual and thematic reports, which focus in detail on particular aspects of the NDTMS dataset. These can be found at <http://www.cph.org.uk/publications.asp>

## Triage and Discharge Information for November 2007

The following section details the number of individuals who were triaged during November 2007. This information has been taken from individuals' latest treatment episode. An individual may have been in service during the year prior to their treatment episode in this particular month and is therefore not an indication of the number of new clients for the year. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting month. The section also details the number of discharges that occurred during November 2007, along with the discharge reasons for individuals leaving treatment services.

**Table One: Number of triages and discharges during November 2007 by D(A)AT of residence**

D(A)AT	No. Triaged in November 2007	No. successful completions November 2007	No. unplanned discharges November 2007	No. discharges reason 'not known' November 2007	No. discharges reason 'other' November 2007
Blackburn with Darwen	50	14	20	0	0
Blackpool	76	36	9	0	-
Bolton	75	11	17	0	0
Bury	15	6	-	0	0
Cheshire	65	15	8	0	0
Cumbria	73	24	22	6	-
Halton	33	10	-	0	0
Knowsley	32	14	15	0	0
Lancashire	181	92	58	0	7
Liverpool	223	62	86	-	-
Manchester	94	16	37	0	0
Oldham	35	10	22	0	0
Rochdale	33	15	15	0	0
Salford	41	19	17	0	-
Sefton	79	17	36	0	-
St Helens	40	20	12	0	0
Stockport	17	15	9	0	0
Tameside	49	7	20	0	0
Trafford	28	-	-	0	-
Warrington	46	0	27	0	0
Wigan and Leigh	63	17	38	0	0
Wirral	38	14	10	0	0

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

### Discharge Reasons

In this report, the discharge reason data has been collapsed into four categories. These categories are Successful Completion, which incorporates 'treatment completed', 'treatment completed drug free' and 'referred on'; Unplanned Discharge which includes 'treatment withdrawn/breached', 'no appropriate treatment', 'dropped out/left', 'prison', 'moved away', 'died', 'treatment declined by client' and 'inappropriate referral'. The other two categories are Other and Not Known. The Not Known category includes episode data that included a discharge date but no discharge reason.

**Number of individuals in contact with treatment services by D(A)AT**

Table Two details the year-to-date figure for the number of individuals in contact with treatment services by D(A)AT of residence. These figures detail all individuals in contact with treatment agencies from 1<sup>st</sup> April 2007 to 30<sup>th</sup> November 2007. The table only includes data for those resident within the region who were in contact with treatment services within the North West. The figures also only include those individuals in contact with structured treatment services (i.e. high threshold tier 3 and 4 services as defined by the Models of Care, National Treatment Agency (NTA), 2002, see [www.nta.nhs.uk](http://www.nta.nhs.uk)). Low threshold interventions, such as open access and syringe exchange services are not recorded within the NDTMS. The system excludes those who presented to service with alcohol as their primary problematic substance. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting period.

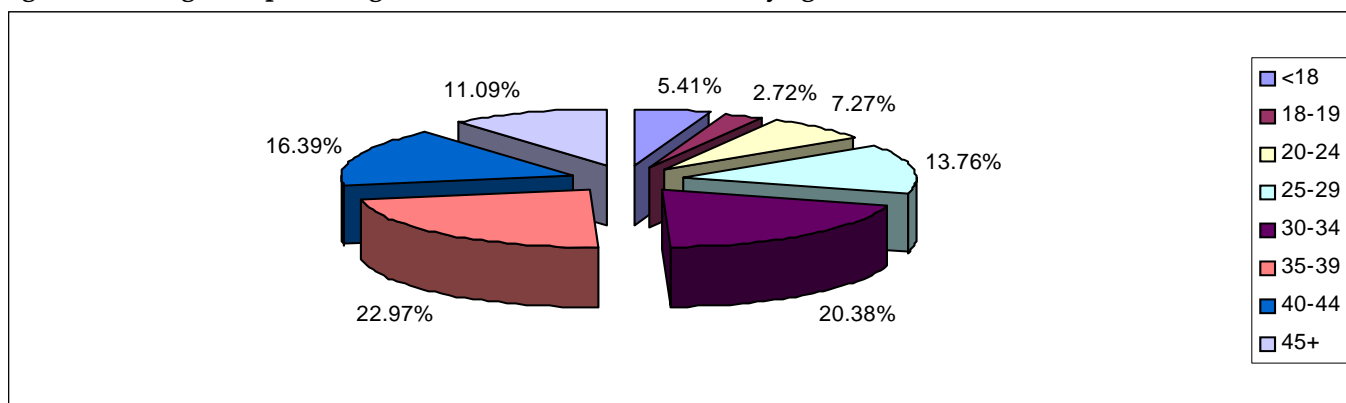
**Table Two: Number of individuals in contact with treatment services  
(From 01/04/2007 to 30/11/2007) by D(A)AT of residence**

D(A)AT	Number in treatment YTD
Blackburn with Darwen	949
Blackpool	1407
Bolton	1668
Bury	812
Cheshire	2117
Cumbria	1626
Halton	955
Knowsley	1173
Lancashire	4643
Liverpool	4071
Manchester	3412
Oldham	979
Rochdale	1491
Salford	1059
Sefton	1586
St Helens	1045
Stockport	809
Tameside	1039
Trafford	672
Warrington	846
Wigan and Leigh	1436
Wirral	2644

## Age

The following section details the age profile of those in contact with treatment services in the North West of England. The age of individuals has been calculated from the last day of the reporting month (30/11/2007).

**Figure One: Regional percentages of individuals in treatment by age bands**



Whilst regionally 5.41% of individuals in contact with treatment services were aged under 18, the proportion of clients in this age band varied considerably across D(A)ATs (see Table Three). In Wirral and Manchester, 2.27% and 2.52% of the treatment population respectively were aged under 18. In contrast, 12.62% and 12.21% of those in contact with treatment services in Knowsley and Rochdale respectively were aged under 18. In Blackburn with Darwen, 17.49% of those in contact with service were aged 40 and over, whereas in Liverpool and Wirral this age group comprised 37.71% and 41.79% respectively of the treatment population.

**Table Three: Age of individuals in contact with treatment services by D(A)AT of residence**

D(A)AT	Age bands							
	<18	18-19	20-24	25-29	30-34	35-39	40-44	45+
Blackburn with Darwen	71	28	69	131	261	223	99	67
Blackpool	54	18	104	244	314	340	199	134
Bolton	47	56	156	324	439	331	213	102
Bury	89	74	55	122	143	142	105	82
Cheshire	131	53	184	345	467	413	300	224
Cumbria	49	45	182	361	407	279	161	142
Halton	39	33	94	151	205	189	131	113
Knowsley	148	17	87	134	197	287	209	94
Lancashire	302	129	349	769	1130	998	569	397
Liverpool	141	71	187	378	660	1099	941	594
Manchester	86	49	161	359	662	926	685	484
Oldham	57	30	71	120	200	238	150	113
Rochdale	182	71	113	182	220	318	217	188
Salford	74	25	60	128	237	249	172	114
Sefton	95	38	95	147	262	444	314	191
St Helens	54	27	104	158	231	231	136	104
Stockport	43	29	68	119	176	159	118	97
Tameside	63	20	76	202	255	222	119	82
Trafford	47	22	68	69	95	142	139	90
Warrington	34	29	59	130	197	203	122	72
Wigan and Leigh	59	50	145	268	350	296	177	91
Wirral	60	58	156	226	346	693	690	415

**Gender and Ethnicity of individuals in contact with treatment services**

During 2007/08 (YTD), 71.47% of individuals in contact with treatment services in the North West were male. Regionally, 95.76% of those individuals stating their ethnicity were described as 'white', there was a degree of variation in this percentage from 86.97% in Oldham to 99.43% in Blackpool. It should be noted that ethnicity percentages were calculated from those that stated an ethnicity and did not include missing data.

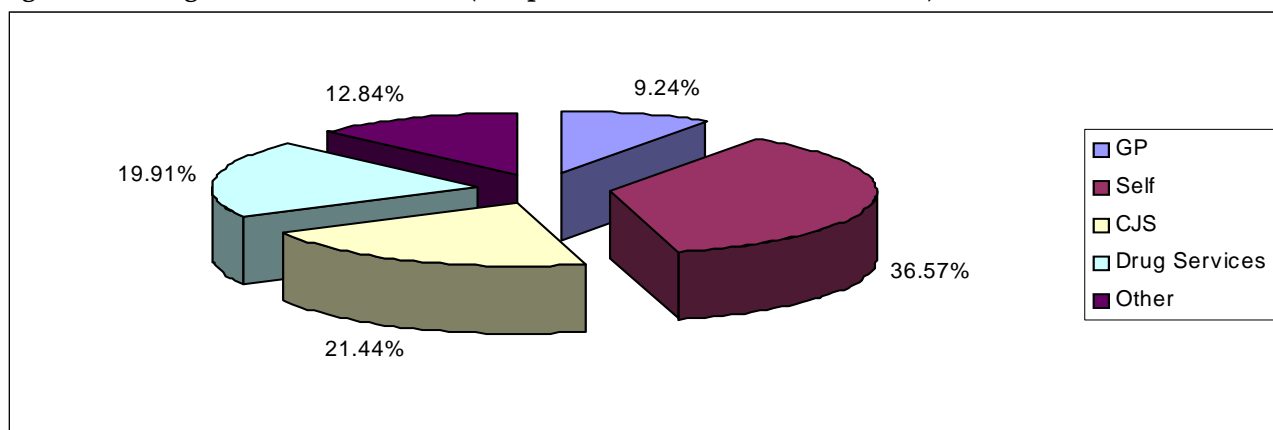
**Table Four: Gender and Ethnicity by D(A)AT of residence**

D(A)AT	Male		White	
	No.	%	No.	%
Blackburn with Darwen	737	77.66	825	94.72
Blackpool	952	67.66	1394	99.43
Bolton	1196	71.70	1563	94.04
Bury	604	74.38	756	93.68
Cheshire	1535	72.51	2043	98.22
Cumbria	1102	67.77	1569	99.12
Halton	685	71.73	940	99.16
Knowsley	838	71.44	1145	98.62
Lancashire	3184	68.58	4271	96.28
Liverpool	2858	70.20	3768	96.15
Manchester	2434	71.34	2920	87.24
Oldham	712	72.73	848	86.97
Rochdale	1050	70.42	1370	93.20
Salford	789	74.50	1004	95.26
Sefton	1116	70.37	1568	99.30
St Helens	797	76.27	1036	99.33
Stockport	592	73.18	769	95.65
Tameside	762	73.34	989	95.93
Trafford	490	72.92	594	90.14
Warrington	634	74.94	834	98.70
Wigan and Leigh	1062	73.96	1414	98.81
Wirral	1925	72.81	2623	99.32

## Referral sources of individuals in contact with treatment in the North West

In this section of the report, all episodes of treatment in 2007/08 have been recorded, regardless of whether an individual has entered treatment on more than one occasion over the year (n=46026 including double counting). All episodes of treatment have been included to provide the fullest possible understanding of the ways in which people are referred into services in each D(A)AT area. Regionally, the most common route of referral into treatment services was through self-referral (36.57%).

**Figure Two: Regional route of referral (all episodes of treatment for the YTD)**



See page 11 for list of 'Other' routes of referral

Whilst regionally, 21.44% of referrals were from Criminal Justice Services, this proportion varied between D(A)ATs from 10.31% in Warrington to 39.70% in Blackburn with Darwen.

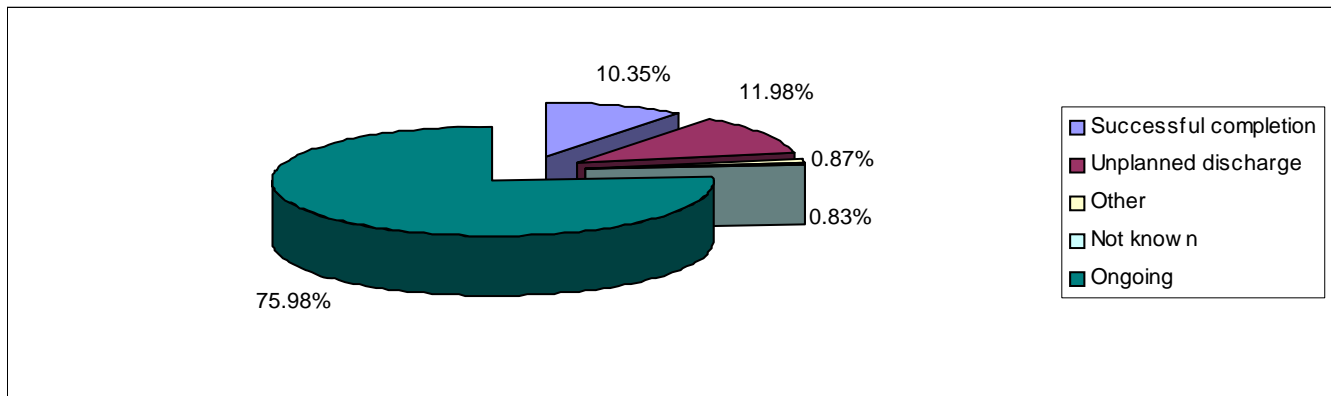
**Table Five: Referral Sources for all episodes of treatment by D(A)AT of residence**

D(A)AT	GP	Self	CJS	Drug services	Other
Blackburn with Darwen	81	434	474	119	86
Blackpool	31	423	505	998	155
Bolton	105	906	584	279	146
Bury	84	253	273	125	142
Cheshire	232	1300	370	202	248
Cumbria	519	556	411	269	268
Halton	101	487	243	423	215
Knowsley	73	472	217	227	399
Lancashire	406	2403	1539	1292	601
Liverpool	1201	1245	1047	1234	595
Manchester	204	1572	785	772	877
Oldham	76	589	175	69	115
Rochdale	136	773	299	227	343
Salford	59	583	267	189	142
Sefton	103	389	529	954	187
St Helens	96	630	225	151	179
Stockport	38	484	166	126	115
Tameside	88	538	309	134	103
Trafford	42	169	267	220	75
Warrington	71	542	107	224	94
Wigan and Leigh	46	953	447	275	87
Wirral	407	918	506	539	665

## Discharge reasons for individuals in contact with treatment services

The following section details the discharge reasons for individuals exiting structured drug treatment during 2007/08 (YTD). In this section, only data from a client's latest episode were used. The NDTMS has 12 outcome measures. In Figure Three and Table Six, the data has been collapsed into five categories. These categories are Successful Completion, Unplanned Discharge, Ongoing, which includes all clients in contact with service on 30<sup>th</sup> November 2007, Other and Not Known. Where agencies did not complete a discharge date a client was assumed to be still in contact and in an ongoing episode. Regionally, the majority of clients in contact with treatment services during 2007/08 (YTD) were in an ongoing treatment episode (75.98%).

**Figure Three: Regional client status for latest treatment episode**



**Table Six: Client status for latest episode of treatment by D(A)AT of residence**

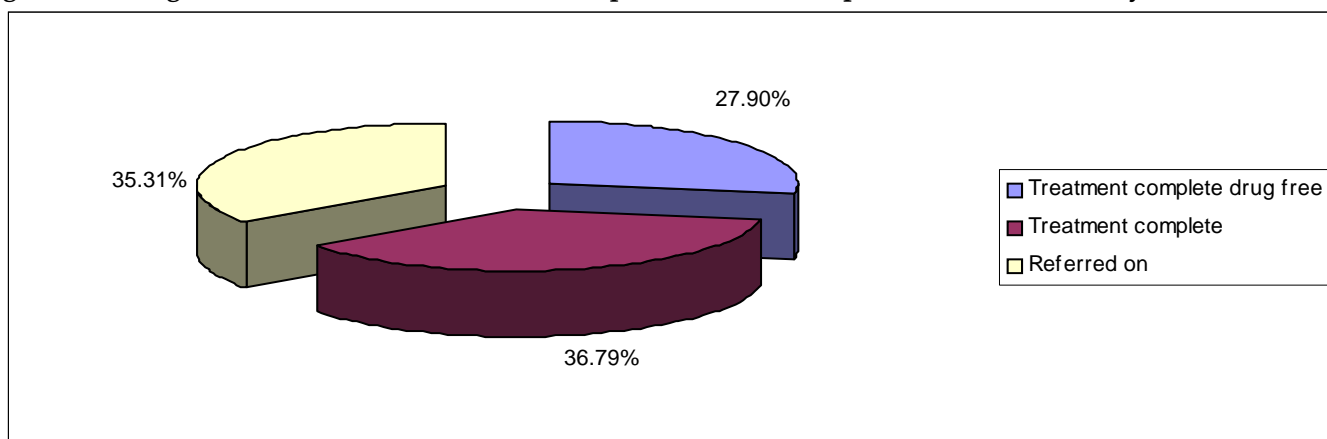
D(A)AT	Ongoing		Successful completion		Unplanned discharge		Not known		Other	
	Count	%	Count	%	Count	%	Count	%	Count	%
Blackburn with Darwen	685	72.18	95	10.01	163	17.18	-	-	5	0.53
Blackpool	1056	75.05	194	13.79	127	9.03	0	0.00	30	2.13
Bolton	1233	73.92	180	10.79	233	13.97	-	-	19	1.14
Bury	617	75.99	88	10.84	104	12.81	-	-	-	-
Cheshire	1705	80.54	186	8.79	214	10.11	5	0.24	7	0.33
Cumbria	1182	72.69	134	8.24	267	16.42	35	2.15	8	0.49
Halton	731	76.54	150	15.71	62	6.49	-	-	10	1.05
Knowsley	866	73.83	127	10.83	134	11.42	-	-	44	3.75
Lancashire	3260	70.21	738	15.89	549	11.82	-	-	93	2.00
Liverpool	3063	75.24	407	10.00	568	13.95	6	0.15	27	0.66
Manchester	2817	82.56	184	5.39	392	11.49	-	-	17	0.50
Oldham	750	76.61	87	8.89	140	14.30	-	-	0	0.00
Rochdale	1124	75.39	167	11.20	190	12.74	-	-	9	0.60
Salford	761	71.86	146	13.79	150	14.16	0	0.00	-	-
Sefton	1166	73.52	173	10.91	237	14.94	5	0.32	5	0.32
St Helens	769	73.59	166	15.89	102	9.76	0	0.00	8	0.77
Stockport	568	70.21	148	18.29	84	10.38	6	0.74	-	-
Tameside	803	77.29	62	5.97	160	15.40	10	0.96	-	-
Trafford	488	72.62	87	12.95	94	13.99	0	0.00	-	-
Warrington	489	57.80	60	7.09	74	8.75	220	26.00	-	-
Wigan and Leigh	1064	74.09	145	10.10	216	15.04	8	0.56	-	-
Wirral	2263	85.59	172	6.51	193	7.30	-	-	15	0.57

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

## Breakdown of successful completions for individuals in contact with treatment services

Figure Four illustrates the breakdown of successful completions for those concluding treatment regionally (n=3645) and Table Seven details the number of successful completions according to D(A)AT of residence. A successful completion is defined as a person being discharged from treatment having completed the treatment or completed drug free or being referred on to another treatment service.

**Figure Four: Regional breakdown of successful completions for latest episode of treatment for year to date.**



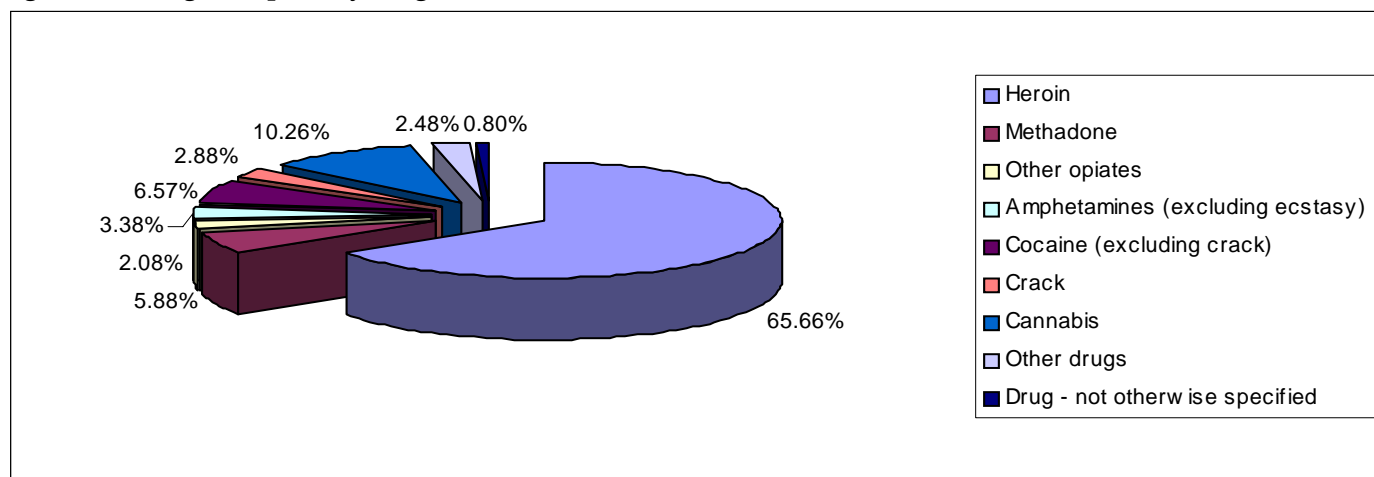
**Table Seven: Breakdown of successful treatment completions for latest episode of treatment by D(A)AT of residence for the year to date.**

D(A)AT	Treatment Complete Drug Free		Treatment Completed		Referred on	
	Count	%	Count	%	Count	%
Blackburn with Darwen	21	22.11	31	32.63	43	45.26
Blackpool	53	27.32	47	24.23	94	48.45
Bolton	60	33.33	78	43.33	42	23.33
Bury	45	51.14	23	26.14	20	22.73
Cheshire	54	29.03	75	40.32	57	30.65
Cumbria	17	12.69	94	70.15	23	17.16
Halton	30	20.00	56	37.33	64	42.67
Knowsley	69	54.33	31	24.41	27	21.26
Lancashire	105	14.23	229	31.03	404	54.74
Liverpool	150	36.86	103	25.31	154	37.84
Manchester	49	26.63	62	33.70	73	39.67
Oldham	37	42.53	33	37.93	17	19.54
Rochdale	62	37.13	76	45.51	29	17.37
Salford	26	17.81	68	46.58	52	35.62
Sefton	44	25.43	39	22.54	90	52.02
St Helens	32	19.28	19	11.45	115	69.28
Stockport	25	16.89	118	79.73	5	3.38
Tameside	26	41.94	29	46.77	7	11.29
Trafford	26	29.89	36	41.38	25	28.74
Warrington	26	43.33	9	15.00	25	41.67
Wigan and Leigh	24	16.55	51	35.17	70	48.28
Wirral	78	45.35	60	34.88	34	19.77

## Primary drug of use of individuals in contact with treatment services

This section details the primary drug of use of those in contact with treatment services in the North West of England. Whilst regionally 66.66% of individuals reported heroin as their primary drug of use, this proportion varied between D(A)ATs from 81.38% in Blackpool to 39.69% in Halton.

**Figure Five: Regional primary drug of use.**



**Table Eight: Primary drug of use by D(A)AT of residence**

D(A)AT	Heroin	Methadone	Other Opiates	Amphetamines (excluding ecstasy)	Cocaine (excluding crack)	Crack	Cannabis	Other Drugs	Drug - not otherwise specified	Total
Blackburn with Darwen	690	32	23	44	10	16	117	17	0	949
Blackpool	1145	48	18	52	23	29	54	37	-	1407
Bolton	1202	88	55	74	61	40	102	42	-	1668
Bury	479	6	9	28	71	26	165	26	-	812
Cheshire	1409	252	56	40	88	55	174	43	0	2117
Cumbria	1070	116	88	92	46	5	132	74	-	1626
Halton	379	65	11	43	126	52	199	80	0	955
Knowsley	594	38	13	28	173	24	278	22	-	1173
Lancashire	3205	250	84	231	150	101	449	120	53	4643
Liverpool	2688	289	34	27	416	136	317	47	117	4071
Manchester	2559	194	53	82	101	153	156	68	46	3412
Oldham	712	31	19	28	57	21	93	17	-	979
Rochdale	822	99	10	69	69	50	285	70	17	1491
Salford	668	80	34	52	40	20	134	30	-	1059
Sefton	1013	71	15	17	207	36	160	29	38	1586
St Helens	671	65	19	27	111	19	106	27	0	1045
Stockport	474	26	35	51	66	33	110	11	-	809
Tameside	670	74	33	35	81	22	94	22	8	1039
Trafford	331	68	19	12	52	65	113	11	-	672
Warrington	490	73	27	12	80	22	118	23	-	846
Wigan and Leigh	956	73	24	111	105	21	119	27	0	1436
Wirral	1826	94	84	59	226	107	190	55	-	2644

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

'Other Drugs' includes benzodiazepines, hallucinogens, ecstasy, solvents, barbiturates, major tranquillisers, anti-depressants, prescription drugs, other drugs and polydrug use.

**Table Nine: Breakdown of primary drug of use by age and D(A)AT of residence**

D(A)AT	Heroin		Methadone		Other Opiates		Amphetamines (excluding ecstasy)		Cocaine (excluding crack)		Crack		Cannabis		Other Drugs		Drug - not otherwise specified		Total	
	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+
Blackburn with Darwen	-	689	0	32	0	23	-	42	-	9	-	15	62	55	-	13	0	0	71	878
Blackpool	-	1143	0	48	0	18	-	50	0	23	0	29	36	18	14	23	0	-	54	1353
Bolton	-	1198	0	88	-	54	-	71	-	59	-	38	28	74	7	35	0	-	47	1621
Bury	-	478	0	6	0	9	-	26	8	63	-	25	71	94	5	21	-	-	89	723
Cheshire	-	1405	0	252	0	56	-	37	-	85	-	54	115	59	5	38	0	0	131	1986
Cumbria	-	1067	0	116	0	88	-	89	-	45	0	5	30	102	12	62	0	-	49	1577
Halton	0	379	0	65	0	11	0	43	-	124	0	52	37	162	0	80	0	0	39	916
Knowsley	0	594	0	38	0	13	0	28	8	165	0	24	136	142	-	18	0	-	148	1025
Lancashire	6	3199	0	250	0	84	18	213	12	138	0	101	242	207	24	96	0	53	302	4341
Liverpool	0	2688	0	289	0	34	-	26	-	412	-	134	120	197	6	41	8	109	141	3930
Manchester	-	2555	0	194	0	53	0	82	22	79	-	152	56	100	-	65	0	46	86	3326
Oldham	0	712	0	31	0	19	-	27	-	54	-	20	49	44	-	15	-	0	57	922
Rochdale	-	821	0	99	0	10	5	64	13	56	0	50	142	143	20	50	-	16	182	1309
Salford	0	668	0	80	0	34	-	51	-	39	0	20	65	69	7	23	0	-	74	985
Sefton	-	1011	0	71	0	15	-	15	14	193	0	36	68	92	9	20	0	38	95	1491
St Helens	-	670	0	65	0	19	-	24	5	106	0	19	38	68	7	20	0	0	54	991
Stockport	0	474	0	26	0	35	0	51	-	64	0	33	41	69	0	11	0	-	43	766
Tameside	-	669	0	74	0	33	-	32	9	72	0	22	44	50	6	16	0	8	63	976
Trafford	0	331	0	68	0	19	-	11	-	51	0	65	44	69	-	10	0	-	47	625
Warrington	-	488	0	73	0	27	0	12	5	75	0	22	24	94	-	20	0	-	34	812
Wigan and Leigh	0	956	0	73	0	24	-	108	7	98	0	21	41	78	8	19	0	0	59	1377
Wirral	-	1823	0	94	0	84	0	59	12	214	0	107	37	153	8	47	0	-	60	2584

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

'Other Drugs' includes benzodiazepines, hallucinogens, ecstasy, solvents, barbiturates, major tranquillisers, anti-depressants, other drugs and polydrug use.

**'Other' referral sources include:**

- A&E
- Syringe exchange
- Psychiatry
- Community Care Assessment
- Employment service
- Education service
- Pupil Referral Unit (PRU)
- Connexions
- Social services
- Looked After Children (LAC)
- Sex worker project
- General hospital
- Psychological services
- Relative
- Concerned other
- Child and Adolescent Mental Health Service (CAMHS)
- Other

**North West NDTMS Regional Team**

The NDTMS is operated in the North West by a regional team based in the North West Public Health Observatory. This is housed within the Centre for Public Health at Liverpool John Moores University. The regional team collects data from all of the North West structured drug treatment providers. This is then provided to the National Treatment Agency (NTA) and monthly figures are produced for each D(A)AT.

**Contact details**

**Claire Shaw**

**Centre for Public Health  
Faculty of Health and Applied Social Sciences  
Liverpool John Moores University  
Castle House  
North Street  
Liverpool  
L3 2AY  
Tel (0151) 231 4380  
Fax (0151) 231 4515**