

# North West NDTMS Monthly Report

JANUARY 2007

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## Introduction

This publication part of the 2006/07 series of monthly reports produced by the Centre for Public Health detailing the results of the National Drug Treatment Monitoring System (NDTMS) in the North West of England. The report aims to provide each of the 22 North West Drug (and Alcohol) Action Teams (D(A)ATs) with timely information on the number, and profile, of those in contact with treatment services in the area. In order to provide D(A)ATs with timely information, the monthly reports detail year-to-date figures for the number of people in contact with treatment services up to, and inclusive of, the previous month. Therefore, this monthly report details year to date information from 1<sup>st</sup> April 2006 up to 31<sup>st</sup> December 2006. The report gives D(A)ATs the ability to monitor the main routes of referral for those in contact with services, whilst also providing information on the discharge reasons for those leaving treatment services. The report gives information on all D(A)ATs in the region to offer individual D(A)ATs the ability to track their own performance in relation to other areas within the North West.

The total number of clients in each D(A)AT quoted in this report may differ slightly to the Local Delivery Plan (LDP) figures produced nationally by National Drug Evidence Centre (NDEC) and NTA. This is due to methodological differences between North West NDTMS (CPH, Liverpool John Moores University) and NDEC. NDEC figures include North West residents who were in contact with services outside of the region. Additionally, where a client does not have a D(A)AT of residence, NDEC use a method of interpolation, calculating the proportion of people resident in D(A)AT areas found in complete records and applying this to missing data. The Centre for Public Health does not use this method and reports on only those clients for whom the relevant data have been provided. The Centre for Public Health, Liverpool John Moores University, uses the last day of the reporting month to calculate the age of those in contact with treatment services. This is in contrast to the method of age calculation used by NDEC.

This monthly reporting method is currently in a pilot phase. Therefore, the Centre for Public Health, Liverpool John Moores University would welcome feedback on the content of the report to help with future reporting methods. Feedback on the method of report dissemination would also be appreciated. Developments in future monthly reporting will occur following this consultation period.

In addition to NDTMS monthly reports, the North West NDTMS, based at the Centre for Public Health, Liverpool John Moores University, will also be producing additional outputs based on NDTMS information. These future outputs will include an annual report, based on 2005/06 data and thematic reports, which will focus in detail on particular aspects of the NDTMS dataset.

**Triage and Discharge Information for December 2006**

The following section details the number of individuals who were triaged during December 2006. This information has been taken from individuals' latest treatment episode. An individual may have been in service during the year prior to their treatment episode in this particular month and is therefore not an indication of the number of new clients for the year. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting month. The section also details the number of discharges that occurred during December 2006, along with the discharge reasons for individuals leaving treatment services.

**Table One: Number of triages and discharges during December 2006 by D(A)AT of residence**

D(A)AT	No. Triaged in December 2006	No. successful completions December 2006	No. unplanned discharges December 2006	No. discharges reason 'not known' December 2006	No. discharges reason 'other' December 2006
Blackburn with Darwen	27	10	12	0	0
Blackpool	38	38	15	0	5
Bolton	73	5	25	0	0
Bury	19	-	-	-	0
Cheshire	45	6	12	0	0
Cumbria	32	-	17	13	0
Halton	15	6	-	0	0
Knowsley	29	6	9	0	0
Lancashire	89	43	25	-	-
Liverpool	96	33	55	5	-
Manchester	47	14	19	0	0
Oldham	21	7	12	0	0
Rochdale	17	-	15	0	0
Salford	45	18	36	0	-
Sefton	45	9	7	0	0
St Helens	35	12	9	0	0
Stockport	21	7	-	0	0
Tameside	19	-	-	0	0
Trafford	14	-	-	0	0
Warrington	20	-	-	0	0
Wigan and Leigh	26	11	8	0	0
Wirral	49	8	11	0	0

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

**Discharge Reasons**

In this report, the discharge reason data has been collapsed into four categories. These categories are Successful Completion, which incorporates 'treatment completed', 'treatment completed drug free' and 'referred on'; Unplanned Discharge which includes 'treatment withdrawn/breached', 'no appropriate treatment', 'dropped out/left', 'prison', 'moved away', 'died', 'treatment declined by client' and 'inappropriate referral'. The other two categories are Other and Not Known. The Not Known category includes episode data that included a discharge date but no discharge reason.

**Number of individuals in contact with treatment services by D(A)AT**

Table Two details the year-to-date figure for the number of individuals in contact with treatment services by D(A)AT of residence. These figures detail all individuals in contact with treatment agencies from 1<sup>st</sup> April 2006 to 31<sup>st</sup> December 2006. The table only includes data for those resident within the region who were in contact with treatment services within the North West. The figures also only include those individuals in contact with structured treatment services (i.e. high threshold tier 3 and 4 services as defined by the Models of Care, National Treatment Agency (NTA), 2002, see [www.nta.nhs.uk](http://www.nta.nhs.uk)). Low threshold interventions, such as open access and syringe exchange services are not recorded within the NDTMS. The system excludes those who presented to service with alcohol as their primary problematic substance. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting period.

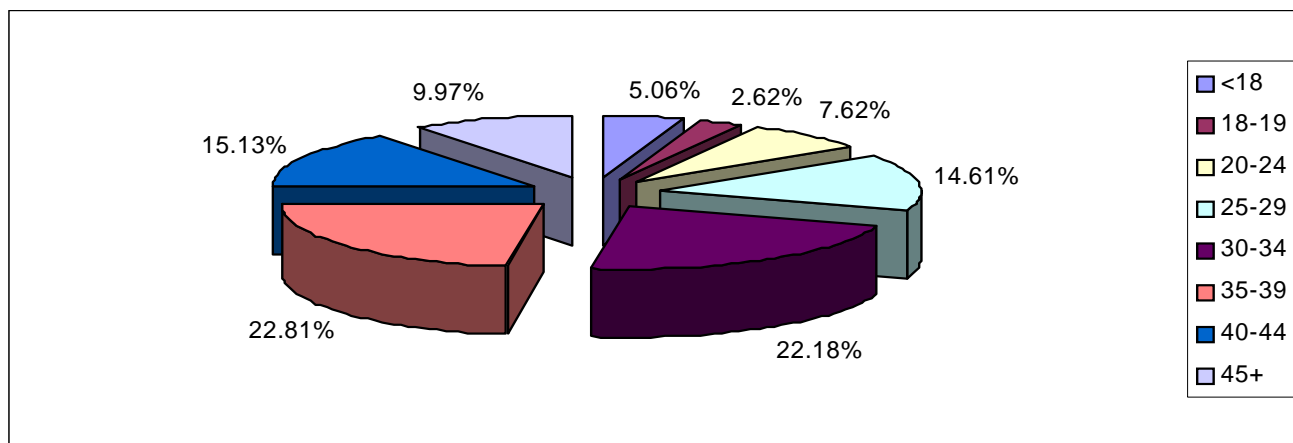
**Table Two: Number of individuals in contact with treatment services  
(From 01/04/2006 to 31/12/2006) by D(A)AT of residence**

D(A)AT	Number in treatment YTD
Blackburn with Darwen	992
Blackpool	1369
Bolton	1792
Bury	855
Cheshire	2120
Cumbria	1257
Halton	711
Knowsley	1076
Lancashire	4211
Liverpool	3891
Manchester	3293
Oldham	1067
Rochdale	1446
Salford	1133
Sefton	1584
St Helens	1047
Stockport	860
Tameside	1048
Trafford	644
Warrington	869
Wigan and Leigh	1323
Wirral	2668

## Age

The following section details the age profile of those in contact with treatment services in the North West of England. The age of individuals has been calculated from the last day of the reporting month (31/12/2006).

**Figure One: Regional percentages of individuals in treatment by age bands**



Whilst regionally 5.06% of individuals in contact with treatment services were aged under 18, the proportion of clients in this age band varied considerably across D(A)ATs (see Table Three). In Manchester and Blackpool, 1.15% and 2.41% of the treatment population respectively were aged under 18. In contrast, 13.92% and 11.62% of those in contact with treatment services in Bury and Rochdale respectively were aged under 18. In Blackburn, 14.21% of those in contact with service were aged 40 and over, whereas in Liverpool and Wirral this age group comprised 34.70% and 36.54% respectively of the treatment population.

**Table Three: Age of individuals in contact with treatment services by D(A)AT of residence**

D(A)AT	Age bands							
	<18	18-19	20-24	25-29	30-34	35-39	40-44	45+
Blackburn with Darwen	66	23	82	164	288	228	78	63
Blackpool	33	24	102	232	325	340	186	127
Bolton	74	58	202	366	485	341	166	100
Bury	119	70	72	130	145	152	91	76
Cheshire	73	62	174	403	523	384	317	184
Cumbria	49	39	141	289	310	205	131	93
Halton	50	29	62	122	165	142	93	48
Knowsley	100	27	81	125	207	285	171	80
Lancashire	167	64	341	775	1116	857	502	389
Liverpool	148	41	180	352	713	1107	843	507
Manchester	38	37	170	382	766	882	598	420
Oldham	41	26	110	147	224	252	145	122
Rochdale	168	62	117	178	262	293	192	174
Salford	97	29	82	144	268	252	152	109
Sefton	63	29	105	178	311	435	296	167
St Helens	69	37	101	175	241	213	120	91
Stockport	49	40	83	125	201	158	102	102
Tameside	38	24	106	219	261	214	109	77
Trafford	53	38	48	64	94	158	133	56
Warrington	53	18	74	143	224	191	99	67
Wigan and Leigh	87	38	130	246	327	264	161	70
Wirral	102	88	120	210	439	734	631	344

**Gender and Ethnicity of individuals in contact with treatment services**

During 2006/07 (YTD), 71.21% of individuals in contact with treatment services in the North West were male. Regionally, there were proportionately more females in contact with treatment services aged 30-39 in comparison to other age groups. Whilst regionally, 95.80% of those individuals stating their ethnicity were described as 'white', there was a degree of variation in this percentage from 85.23% in Oldham to 99.71% in Blackpool. It should be noted that ethnicity percentages were calculated from those that stated an ethnicity and did not include missing data.

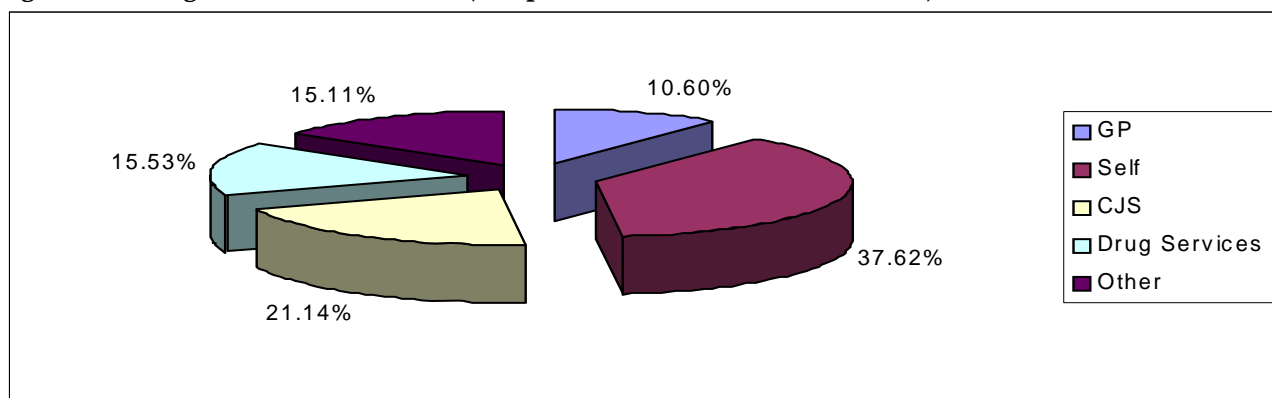
**Table Four: Gender and Ethnicity by D(A)AT of residence**

D(A)AT	Male		White	
	No.	%	No.	%
Blackburn with Darwen	771	77.72	853	93.84
Blackpool	938	68.52	1364	99.71
Bolton	1288	71.88	1697	94.96
Bury	619	72.40	784	92.45
Cheshire	1546	72.92	1972	98.40
Cumbria	822	65.39	1218	97.83
Halton	513	72.15	701	99.01
Knowsley	764	71.00	1052	98.04
Lancashire	2874	68.25	3924	96.44
Liverpool	2664	68.47	3684	97.00
Manchester	2345	71.21	2839	88.00
Oldham	790	74.04	906	85.23
Rochdale	1045	72.27	1342	93.58
Salford	843	74.40	1057	94.29
Sefton	1118	70.58	1563	98.86
St Helens	781	74.59	1042	99.52
Stockport	631	73.37	811	95.86
Tameside	754	71.95	984	96.38
Trafford	473	73.45	554	90.38
Warrington	656	75.49	860	99.08
Wigan and Leigh	964	72.86	1306	98.94
Wirral	1960	73.46	2636	99.17

## Referral sources of individuals in contact with treatment in the North West

In this section of the report, all episodes of treatment in 2006/07 have been recorded, regardless of whether an individual has entered treatment on more than one occasion over the year (n= 45614 including double counting). All episodes of treatment have been included to provide the fullest possible understanding of the ways in which people are referred into services in each D(A)AT area. Regionally, the most common route of referral into treatment services was through self-referral (37.62%).

**Figure Two: Regional route of referral (all episodes of treatment for the YTD)**



Other includes syringe exchange, psychiatry, Community Care Assessment, employment services, education service, Pupil Referral Unit (PRU), Connexions, social services, Looked After Children (LAC) and other

Whilst regionally, 21.14% of referral were from Criminal Justice Services, this proportion varied between D(A)ATs from 7.81% in Knowsley to 36.24% in Blackburn with Darwen.

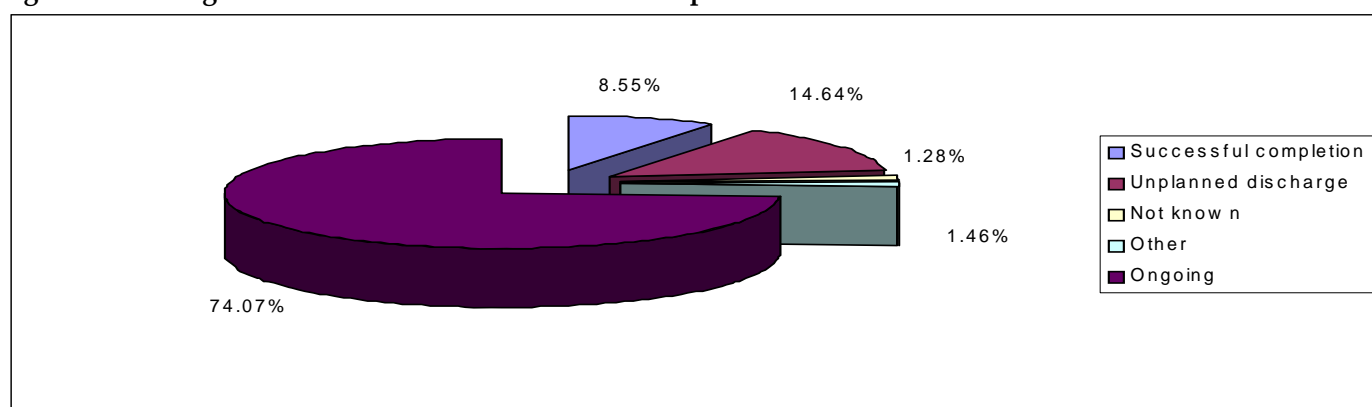
**Table Five: Referral Sources for all episodes of treatment by D(A)AT of residence**

D(A)AT	GP	Self	CJS	Drug services	Other
Blackburn with Darwen	102	454	444	50	175
Blackpool	47	378	530	849	133
Bolton	117	993	765	274	223
Bury	96	309	287	128	169
Cheshire	308	1408	338	186	250
Cumbria	552	318	279	202	286
Halton	102	383	163	93	144
Knowsley	102	571	104	208	347
Lancashire	367	2371	1450	511	711
Liverpool	1304	1074	659	1207	714
Manchester	193	1460	902	732	901
Oldham	99	644	237	98	101
Rochdale	172	673	370	114	486
Salford	63	729	277	216	221
Sefton	222	713	517	704	203
St Helens	107	623	286	158	207
Stockport	47	509	248	165	126
Tameside	95	566	314	92	153
Trafford	63	248	191	58	126
Warrington	76	552	144	293	115
Wigan and Leigh	64	934	353	132	138
Wirral	435	887	581	464	820

## Discharge Reasons for individuals in contact with treatment services

The following section details the discharge reasons for individuals exiting structured drug treatment during 2006/07 (YTD). In this section, only data from a client's latest episode were used. The NDTMS has 12 outcome measures. In Figure Three and Table Six, the data has been collapsed into five categories. These categories are Successful Completion, Unplanned Discharge, Ongoing, which includes all clients in contact with service on 31<sup>st</sup> December 2006, Other and Not Known. Where agencies did not complete a discharge date a client was assumed to be still in contact. Regionally, the majority of clients in contact with treatment services during 2006/07 (YTD) were in an ongoing treatment episode (74.07%). Table Seven details the successful completions for those concluding treatment according to D(A)AT of residence. A successful completion is defined as a person being discharged from treatment having completed the treatment or completed drug free or being referred on to another treatment service.

**Figure Three: Regional client status for latest treatment episode**



**Table Six: Client status for latest episode of treatment by D(A)AT of residence**

D(A)AT	Ongoing		Successful completion		Unplanned discharge		Not known		Other	
	Count	%	Count	%	Count	%	Count	%	Count	%
Blackburn with Darwen	681	68.65	119	12.00	182	18.35	-	-	6	0.60
Blackpool	913	66.69	168	12.27	226	16.51	-	-	61	4.46
Bolton	1204	67.19	143	7.98	391	21.82	34	1.90	20	1.12
Bury	572	66.90	99	11.58	175	20.47	-	-	8	0.94
Cheshire	1642	77.45	152	7.17	314	14.81	-	-	11	0.52
Cumbria	891	70.88	58	4.61	105	8.35	195	15.51	8	0.64
Halton	568	79.89	75	10.55	62	8.72	-	-	-	-
Knowsley	827	76.86	83	7.71	131	12.17	0	0.00	35	3.25
Lancashire	3158	74.99	392	9.31	600	14.25	10	0.24	51	1.21
Liverpool	2635	67.72	374	9.61	702	18.04	108	2.78	72	1.85
Manchester	2747	83.42	151	4.59	347	10.54	21	0.64	27	0.82
Oldham	762	71.42	101	9.47	201	18.84	-	-	-	-
Rochdale	980	67.77	159	11.00	232	16.04	29	2.01	46	3.18
Salford	686	60.55	196	17.30	241	21.27	-	-	9	0.79
Sefton	1101	69.51	151	9.53	203	12.82	18	1.14	111	7.01
St Helens	701	66.95	177	16.91	154	14.71	-	-	12	1.15
Stockport	599	69.65	115	13.37	137	15.93	5	0.58	-	-
Tameside	752	71.76	70	6.68	215	20.52	9	0.86	-	-
Trafford	504	78.26	62	9.63	66	10.25	0	0.00	12	1.86
Warrington	712	81.93	56	6.44	99	11.39	0	0.00	-	-
Wigan and Leigh	1036	78.31	74	5.59	205	15.50	-	-	6	0.45
Wirral	2191	82.12	172	6.45	266	9.97	15	0.56	24	0.90

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

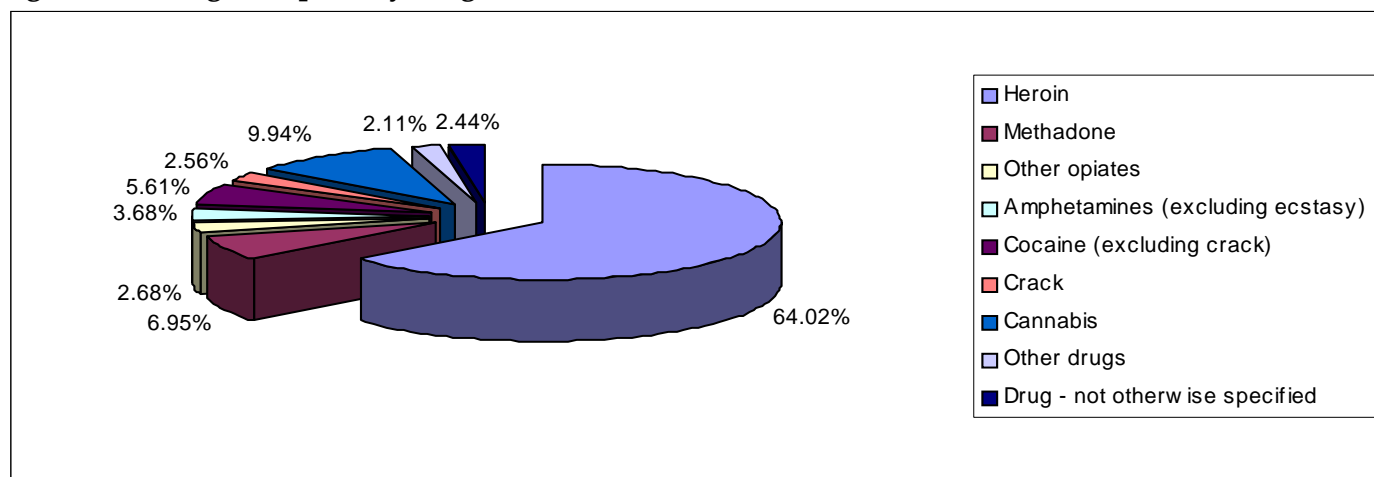
**Table Seven: Breakdown of successful treatment completions for latest episode of treatment by D(A)AT of residence for the year to date.**

D(A)AT	Treatment Complete Drug Free	Treatment Completed	Referred on
Blackburn with Darwen	12	69	38
Blackpool	24	49	95
Bolton	47	49	47
Bury	30	50	19
Cheshire	61	33	58
Cumbria	9	42	7
Halton	25	38	12
Knowsley	33	27	23
Lancashire	77	148	167
Liverpool	110	110	154
Manchester	27	46	78
Oldham	35	31	35
Rochdale	44	77	38
Salford	17	68	111
Sefton	18	46	87
St Helens	24	26	127
Stockport	32	78	5
Tameside	22	33	15
Trafford	19	18	25
Warrington	33	14	9
Wigan and Leigh	13	40	21
Wirral	95	45	32

## Primary drug of use of individuals in contact with treatment services

This section details the primary drug of use of those in contact with treatment services in the North West of England. Whilst regionally 64.02% of individuals reported heroin as their primary drug of use, this proportion varied between D(A)ATs from 78.59% in Manchester to 44.42% in Stockport.

**Figure Four: Regional primary drug of use.**



**Table Eight: Primary drug of use by D(A)AT of residence**

D(A)AT	Heroin	Methadone	Other Opiates	Amphetamines (excluding ecstasy)	Cocaine (excluding crack)	Crack	Cannabis	Other Drugs	Drug - not otherwise specified	Total
Blackburn with Darwen	691	22	44	56	15	13	104	17	30	992
Blackpool	1037	140	34	44	20	18	51	24	-	1369
Bolton	1181	97	70	115	67	48	144	45	25	1792
Bury	436	45	13	44	45	37	205	21	9	855
Cheshire	1381	275	46	60	74	42	134	27	81	2120
Cumbria	842	71	73	72	31	5	91	68	-	1257
Halton	366	62	11	33	84	37	106	12	0	711
Knowsley	553	38	11	37	167	23	213	18	16	1076
Lancashire	2915	269	85	164	96	84	248	116	234	4211
Liverpool	2333	307	106	37	356	101	319	33	299	3891
Manchester	2588	152	51	72	56	126	168	25	55	3293
Oldham	756	41	22	52	56	22	82	35	-	1067
Rochdale	702	120	16	63	102	63	280	77	23	1446
Salford	662	111	45	44	49	23	174	22	-	1133
Sefton	1106	62	12	21	143	29	137	18	56	1584
St Helens	649	78	19	24	92	31	123	21	10	1047
Stockport	382	112	42	68	67	24	136	12	17	860
Tameside	635	124	40	51	58	27	79	23	11	1048
Trafford	331	76	17	20	59	20	106	14	-	644
Warrington	488	90	30	21	62	22	131	21	-	869
Wigan and Leigh	814	77	24	107	84	19	158	40	0	1323
Wirral	1833	84	126	69	165	95	236	40	20	2668

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

'Other Drugs' includes benzodiazepines, hallucinogens, ecstasy, solvents, barbiturates, major tranquillisers, anti-depressants, other drugs and polydrug use.

**Table Nine: Breakdown of primary drug of use by age and D(A)AT of residence**

D(A)AT	Heroin		Methadone		Other Opiates		Amphetamines (excluding ecstasy)		Cocaine (excluding crack)		Crack		Cannabis		Other Drugs		Drug - not otherwise specified		Total	
	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+
Blackburn with Darwen	-	690	0	22	-	43	-	52	-	11	0	13	56	48	0	17	0	30	66	926
Blackpool	-	1034	-	139	0	34	0	44	0	20	0	18	23	28	6	18	0	-	33	1336
Bolton	5	1176	-	96	0	70	5	110	5	62	-	44	43	101	11	34	0	25	74	1718
Bury	0	436	0	45	0	13	-	40	-	42	-	36	101	104	8	13	-	7	119	736
Cheshire	5	1376	0	275	0	46	5	55	0	74	0	42	55	79	-	23	-	77	73	2047
Cumbria	-	840	0	71	0	73	-	70	-	28	0	5	34	57	8	60	0	-	49	1208
Halton	0	366	0	62	0	11	0	33	-	83	0	37	48	58	-	11	0	0	50	661
Knowsley	0	553	0	38	0	11	0	37	8	159	-	22	88	125	-	15	0	16	100	976
Lancashire	7	2908	0	269	0	85	9	155	5	91	0	84	127	121	17	99	-	232	167	4044
Liverpool	-	2330	0	307	0	106	0	37	5	351	0	101	129	190	-	30	8	291	148	3743
Manchester	-	2587	-	151	0	51	0	72	-	55	0	126	32	136	-	22	0	55	38	3255
Oldham	0	756	0	41	0	22	0	52	-	55	0	22	38	44	-	34	-	0	41	1026
Rochdale	-	698	0	120	0	16	0	63	8	94	0	63	145	135	11	66	0	23	168	1278
Salford	0	662	0	111	0	45	-	43	5	44	0	23	85	89	6	16	0	-	97	1036
Sefton	-	1104	0	62	0	12	0	21	-	139	0	29	56	81	-	17	0	56	63	1521
St Helens	0	649	0	78	0	19	-	22	6	86	0	31	54	69	7	14	0	10	69	978
Stockport	0	382	0	112	0	42	-	66	8	59	0	24	31	105	0	12	8	9	49	811
Tameside	0	635	0	124	0	40	-	50	-	57	0	27	30	49	6	17	0	11	38	1010
Trafford	-	330	0	76	0	17	0	20	0	59	0	20	47	59	5	9	0	-	53	591
Warrington	0	488	0	90	-	29	-	20	-	60	-	21	40	91	6	15	-	-	53	816
Wigan and Leigh	-	812	0	77	0	24	-	105	12	72	0	19	58	100	13	27	0	0	87	1236
Wirral	0	1833	0	84	0	126	-	67	12	153	0	95	77	159	11	29	0	20	102	2566

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

'Other Drugs' includes benzodiazepines, hallucinogens, ecstasy, solvents, barbiturates, major tranquillisers, anti-depressants, other drugs and polydrug use.

**North West NDTMS Regional Team**

The NDTMS is operated in the North West by a regional team based in the North West Public Health Observatory. This is housed within the Centre for Public Health at Liverpool John Moores University. The regional team collects data from all of the North West structured drug treatment providers. This is then provided to the National Treatment Agency (NTA) and monthly figures are produced for each D(A)AT.

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