

# North West NDTMS Monthly Report

JULY 2007

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## Introduction

This publication is second of the 2007/08 series of monthly reports produced by the Centre for Public Health detailing the results of the National Drug Treatment Monitoring System (NDTMS) in the North West of England. The report aims to provide each of the 22 North West Drug (and Alcohol) Action Teams (D(A)ATs) with timely information on the number, and profile, of those in contact with treatment services in the area. In order to provide D(A)ATs with timely information, the monthly reports detail year-to-date figures for the number of people in contact with treatment services up to, and inclusive of, the previous month. Therefore, this monthly report details year to date information from 1<sup>st</sup> April 2007 up to 30<sup>th</sup> June 2007. The report gives D(A)ATs the ability to monitor the main routes of referral for those in contact with services, whilst also providing information on the discharge reasons for those leaving treatment services. The report gives information on all D(A)ATs in the region to offer individual D(A)ATs the ability to track their own performance in relation to other areas within the North West.

The total number of clients in each D(A)AT quoted in this report may differ slightly to the Local Delivery Plan (LDP) figures produced nationally by National Drug Evidence Centre (NDEC) and NTA. This is due to methodological differences between North West NDTMS (CPH, Liverpool John Moores University) and NDEC. NDEC figures include North West residents who were in contact with services outside of the region. Additionally, where a client does not have a D(A)AT of residence, NDEC use a method of interpolation, calculating the proportion of people resident in D(A)AT areas found in complete records and applying this to missing data. The Centre for Public Health does not use this method and reports on only those clients for whom the relevant data have been provided. The Centre for Public Health, Liverpool John Moores University, uses the last day of the reporting month to calculate the age of those in contact with treatment services. This is in contrast to the method of age calculation used by NDEC.

The Centre for Public Health, Liverpool John Moores University welcomes feedback on the content of the report to help with future reporting methods. Feedback on the method of report dissemination would also be appreciated. Developments in future monthly reporting will occur following this consultation period.

In addition to NDTMS monthly reports, the North West NDTMS, based at the Centre for Public Health, Liverpool John Moores University, produce additional outputs based on NDTMS information. Additional outputs include annual and thematic reports, which focus in detail on particular aspects of the NDTMS dataset. These can be found at <http://www.cph.org.uk/publications.asp>

**Triage and Discharge Information for June 2007**

The following section details the number of individuals who were triaged during June 2007. This information has been taken from individuals' latest treatment episode. An individual may have been in service during the year prior to their treatment episode in this particular month and is therefore not an indication of the number of new clients for the year. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting month. The section also details the number of discharges that occurred during June 2007, along with the discharge reasons for individuals leaving treatment services.

**Table One: Number of triages and discharges during June 2007 by D(A)AT of residence**

D(A)AT	No. Triaged in June 2007	No. successful completions June 2007	No. unplanned discharges June 2007	No. discharges reason 'not known' June 2007	No. discharges reason 'other' June 2007
Blackburn with Darwen	50	17	32	-	-
Blackpool	101	29	18	0	5
Bolton	92	11	46	0	-
Bury	36	18	5	0	0
Cheshire	87	14	24	0	0
Cumbria	46	9	9	17	0
Halton	39	8	5	0	0
Knowsley	41	18	6	0	6
Lancashire	186	103	47	0	-
Liverpool	184	49	61	0	-
Manchester	88	17	67	0	-
Oldham	26	5	-	0	0
Rochdale	71	10	19	-	0
Salford	47	18	16	0	0
Sefton	90	41	22	-	-
St Helens	41	17	10	0	0
Stockport	37	10	10	0	0
Tameside	53	8	16	0	0
Trafford	36	11	9	0	0
Warrington	22	0	-	0	0
Wigan and Leigh	83	20	28	0	0
Wirral	78	17	23	0	0

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

**Discharge Reasons**

In this report, the discharge reason data has been collapsed into four categories. These categories are Successful Completion, which incorporates 'treatment completed', 'treatment completed drug free' and 'referred on'; Unplanned Discharge which includes 'treatment withdrawn/breached', 'no appropriate treatment', 'dropped out/left', 'prison', 'moved away', 'died', 'treatment declined by client' and 'inappropriate referral'. The other two categories are Other and Not Known. The Not Known category includes episode data that included a discharge date but no discharge reason.

**Number of individuals in contact with treatment services by D(A)AT**

Table Two details the year-to-date figure for the number of individuals in contact with treatment services by D(A)AT of residence. These figures detail all individuals in contact with treatment agencies from 1<sup>st</sup> April 2007 to 30<sup>th</sup> June 2007. The table only includes data for those resident within the region who were in contact with treatment services within the North West. The figures also only include those individuals in contact with structured treatment services (i.e. high threshold tier 3 and 4 services as defined by the Models of Care, National Treatment Agency (NTA), 2002, see [www.nta.nhs.uk](http://www.nta.nhs.uk)). Low threshold interventions, such as open access and syringe exchange services are not recorded within the NDTMS. The system excludes those who presented to service with alcohol as their primary problematic substance. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting period.

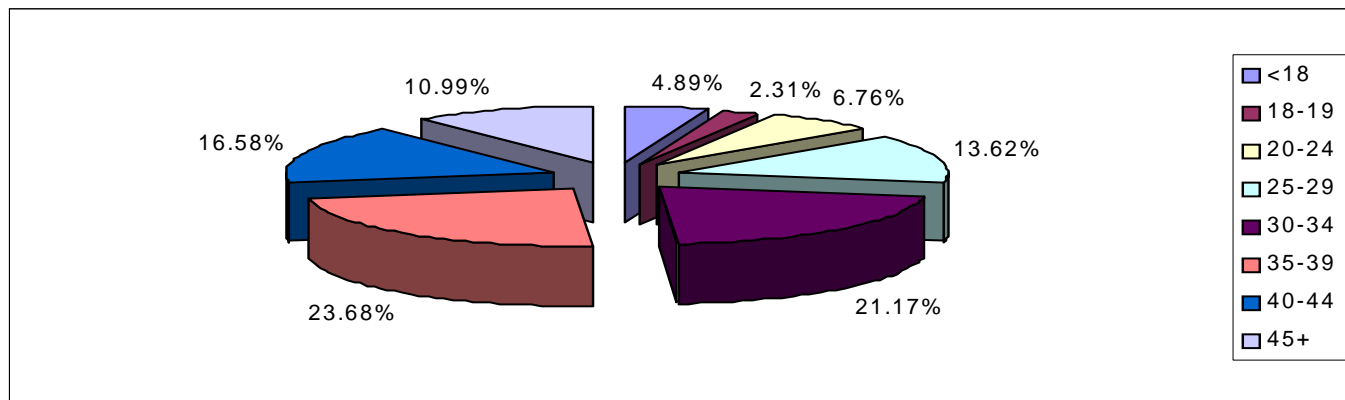
**Table Two: Number of individuals in contact with treatment services (From 01/04/2007 to 30/06/2007) by D(A)AT of residence**

<b>D(A)AT</b>	<b>Number in treatment YTD</b>
Blackburn with Darwen	789
Blackpool	1199
Bolton	1432
Bury	686
Cheshire	1862
Cumbria	1336
Halton	820
Knowsley	1019
Lancashire	3868
Liverpool	3318
Manchester	3127
Oldham	846
Rochdale	1329
Salford	932
Sefton	1221
St Helens	880
Stockport	681
Tameside	882
Trafford	573
Warrington	781
Wigan and Leigh	1246
Wirral	2502

## Age

The following section details the age profile of those in contact with treatment services in the North West of England. The age of individuals has been calculated from the last day of the reporting month (30/06/2007).

**Figure One: Regional percentages of individuals in treatment by age bands**



Whilst regionally 4.89% of individuals in contact with treatment services were aged under 18, the proportion of clients in this age band varied considerably across D(A)ATs (see Table Three). In Cumbria and Manchester, 1.95% and 2.24% of the treatment population respectively were aged under 18. In contrast, 13.27% and 12.94% of those in contact with treatment services in Bury and Rochdale respectively were aged under 18. In Blackburn with Darwen, 16.35% of those in contact with service were aged 40 and over, whereas in Liverpool and Wirral this age group comprised 39.15% and 40.01% respectively of the treatment population.

**Table Three: Age of individuals in contact with treatment services by D(A)AT of residence**

D(A)AT	Age bands							
	<18	18-19	20-24	25-29	30-34	35-39	40-44	45+
Blackburn with Darwen	44	16	56	111	231	202	72	57
Blackpool	39	17	85	194	264	301	179	120
Bolton	50	40	135	281	392	283	169	82
Bury	91	49	40	101	118	131	91	65
Cheshire	106	48	153	295	417	360	295	188
Cumbria	26	21	129	312	354	236	138	120
Halton	29	21	83	128	184	163	115	97
Knowsley	111	17	65	129	178	259	178	82
Lancashire	233	94	256	651	980	826	462	366
Liverpool	108	33	123	279	529	947	807	492
Manchester	70	39	141	334	646	859	613	425
Oldham	29	20	67	95	194	215	131	95
Rochdale	172	57	97	163	207	289	187	157
Salford	43	16	49	117	228	235	146	98
Sefton	36	15	68	105	216	367	267	147
St Helens	37	21	87	131	211	194	112	87
Stockport	41	20	51	91	153	142	97	86
Tameside	34	13	84	163	224	193	103	68
Trafford	35	13	43	63	81	136	131	71
Warrington	40	22	55	108	198	192	97	69
Wigan and Leigh	67	56	104	243	297	256	155	68
Wirral	57	70	149	192	347	686	639	362

## Gender and Ethnicity of individuals in contact with treatment services

During 2007/08 (YTD), 70.97% of individuals in contact with treatment services in the North West were male. Regionally, there were proportionately more females in contact with treatment services aged 35-39 in comparison to other age groups. Whilst regionally, 95.93% of those individuals stating their ethnicity were described as 'white', there was a degree of variation in this percentage from 86.83% in Oldham to 99.58% in Blackpool. It should be noted that ethnicity percentages were calculated from those that stated an ethnicity and did not include missing data.

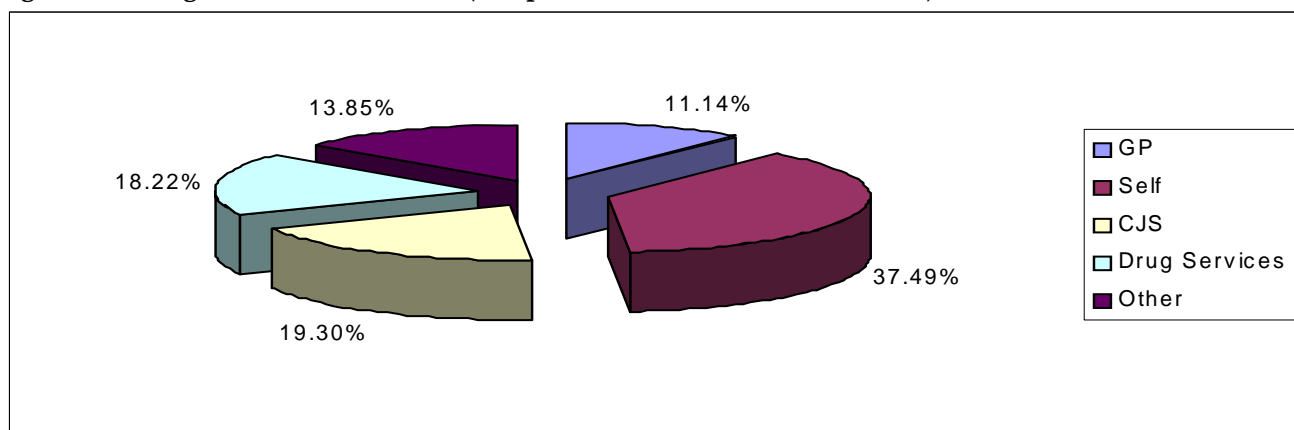
**Table Four: Gender and Ethnicity by D(A)AT of residence**

D(A)AT	Male		White	
	No.	%	No.	%
Blackburn with Darwen	612	77.57	620	95.98
Blackpool	812	67.72	1193	99.58
Bolton	1028	71.79	1357	95.03
Bury	502	73.18	637	93.27
Cheshire	1341	72.02	1788	98.62
Cumbria	890	66.62	1272	98.07
Halton	572	69.76	813	99.27
Knowsley	729	71.54	995	98.61
Lancashire	2617	67.66	3585	96.63
Liverpool	2282	68.78	3106	96.40
Manchester	2218	70.93	2690	87.71
Oldham	612	72.34	732	86.83
Rochdale	940	70.73	1232	93.83
Salford	694	74.46	879	94.82
Sefton	866	70.93	1206	98.93
St Helens	661	75.11	871	99.09
Stockport	491	72.10	641	95.81
Tameside	637	72.22	831	96.97
Trafford	416	72.60	507	90.05
Warrington	592	75.80	773	98.98
Wigan and Leigh	924	74.16	1232	98.96
Wirral	1822	72.82	2478	99.24

## Referral sources of individuals in contact with treatment in the North West

In this section of the report, all episodes of treatment in 2007/08 have been recorded, regardless of whether an individual has entered treatment on more than one occasion over the year (n=36622 including double counting). All episodes of treatment have been included to provide the fullest possible understanding of the ways in which people are referred into services in each D(A)AT area. Regionally, the most common route of referral into treatment services was through self-referral (37.54%).

**Figure Two: Regional route of referral (all episodes of treatment for the YTD)**



See page 11 for list of 'Other' routes of referral

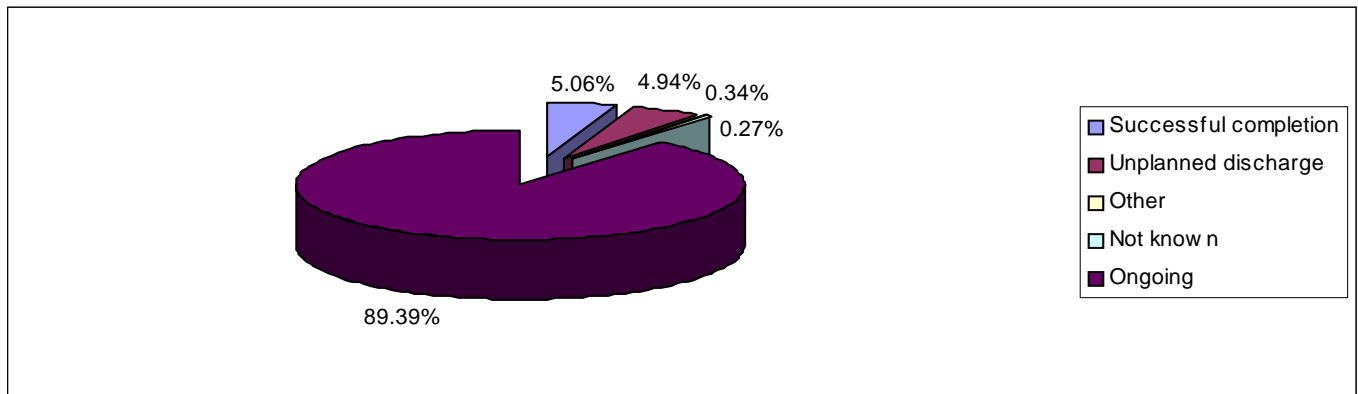
Whilst regionally, 19.30% of referrals were from Criminal Justice Services, this proportion varied between D(A)ATs from 10.32% in Knowsley to 39.19% in Blackburn with Darwen.

**Table Five: Referral Sources for all episodes of treatment by D(A)AT of residence**

D(A)AT	GP	Self	CJS	Drug services	Other
Blackburn with Darwen	76	345	350	57	65
Blackpool	29	313	365	778	112
Bolton	106	735	461	197	137
Bury	75	202	221	106	120
Cheshire	213	1105	302	184	206
Cumbria	528	413	335	173	237
Halton	93	402	124	301	177
Knowsley	71	438	125	219	358
Lancashire	385	2011	987	762	569
Liverpool	1193	845	555	943	447
Manchester	179	1379	670	690	797
Oldham	73	503	145	51	79
Rochdale	136	659	273	205	307
Salford	49	512	201	162	126
Sefton	136	357	308	585	139
St Helens	89	487	167	136	131
Stockport	35	400	127	91	94
Tameside	81	425	205	101	82
Trafford	41	171	177	118	66
Warrington	71	448	96	221	100
Wigan and Leigh	40	804	344	144	85
Wirral	388	799	540	460	645

## Discharge reasons for individuals in contact with treatment services

The following section details the discharge reasons for individuals exiting structured drug treatment during 2007/08 (YTD). In this section, only data from a client's latest episode were used. The NDTMS has 12 outcome measures. In Figure Three and Table Six, the data has been collapsed into five categories. These categories are Successful Completion, Unplanned Discharge, Ongoing, which includes all clients in contact with service on 30<sup>th</sup> June 2007, Other and Not Known. Where agencies did not complete a discharge date a client was assumed to be still in contact and in an ongoing episode. Regionally, the majority of clients in contact with treatment services during 2007/08 (YTD) were in an ongoing treatment episode (93.04%).



**Table Six: Client status for latest episode of treatment by D(A)AT of residence**

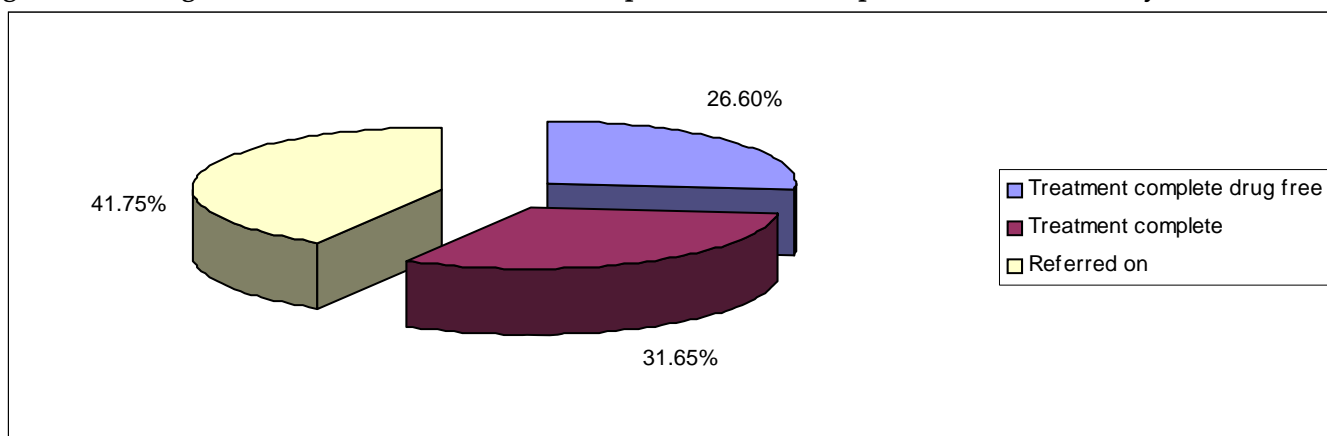
D(A)AT	Ongoing		Successful completion		Unplanned discharge		Not known		Other	
	Count	%	Count	%	Count	%	Count	%	Count	%
Blackburn with Darwen	654	82.89	42	5.32	90	11.41	-	-	-	-
Blackpool	1030	85.90	88	7.34	72	6.01	0	0.00	9	0.75
Bolton	1227	85.68	64	4.47	126	8.80	-	-	12	0.84
Bury	604	88.05	45	6.56	35	5.10	0	0.00	-	-
Cheshire	1727	92.75	46	2.47	86	4.62	0	0.00	-	-
Cumbria	1226	91.77	27	2.02	27	2.02	56	4.19	0	0.00
Halton	711	86.71	79	9.63	21	2.56	0	0.00	9	1.10
Knowsley	910	89.30	59	5.79	31	3.04	0	0.00	19	1.86
Lancashire	3276	84.69	409	10.57	162	4.19	-	-	20	0.52
Liverpool	2988	90.05	133	4.01	185	5.58	5	0.15	7	0.21
Manchester	2889	92.39	64	2.05	163	5.21	0	0.00	11	0.35
Oldham	795	93.97	25	2.96	25	2.96	0	0.00	-	-
Rochdale	1163	87.51	79	5.94	85	6.40	-	-	-	-
Salford	832	89.27	49	5.26	51	5.47	0	0.00	0	0.00
Sefton	1053	86.24	101	8.27	64	5.24	-	-	-	-
St Helens	797	90.57	51	5.80	31	3.52	0	0.00	-	-
Stockport	585	85.90	49	7.20	46	6.75	-	-	0	0.00
Tameside	802	90.93	20	2.27	57	6.46	-	-	0	0.00
Trafford	505	88.13	40	6.98	28	4.89	0	0.00	0	0.00
Warrington	702	89.88	53	6.79	23	2.94	0	0.00	-	-
Wigan and Leigh	1105	88.68	43	3.45	87	6.98	9	0.72	-	-
Wirral	2387	95.40	57	2.28	56	2.24	0	0.00	-	-

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

## Breakdown of successful completions for individuals in contact with treatment services

Figure Three illustrates the breakdown of successful completions for those concluding treatment regionally (n=1623) and Table Seven details the number of successful completions according to D(A)AT of residence. A successful completion is defined as a person being discharged from treatment having completed the treatment or completed drug free or being referred on to another treatment service.

**Figure Three: Regional breakdown of successful completions for latest episode of treatment for year to date.**



**Table Seven: Breakdown of successful treatment completions for latest episode of treatment by D(A)AT of residence for the year to date.**

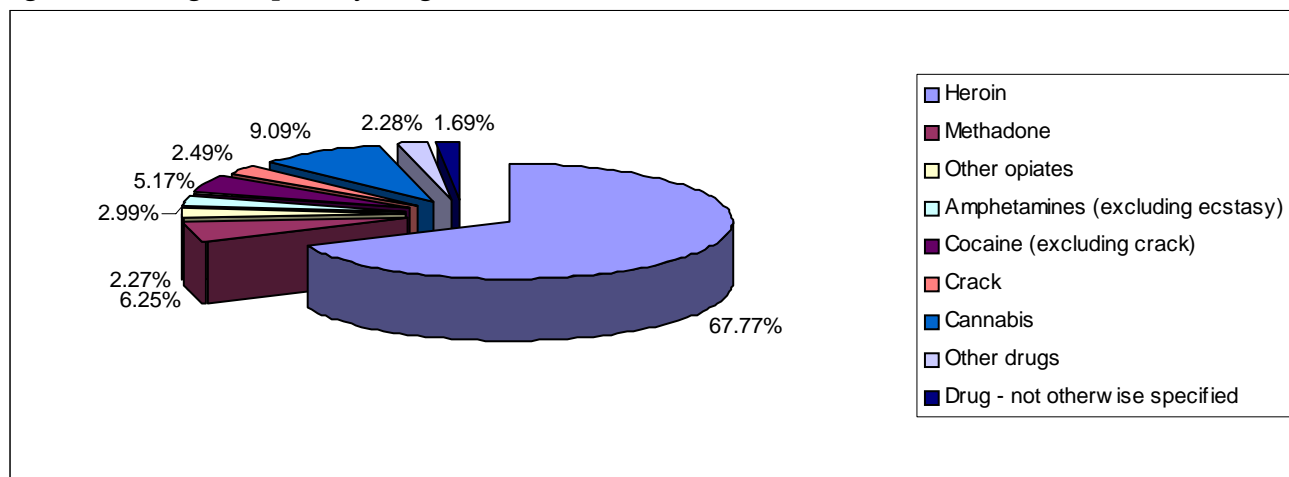
D(A)AT	Treatment Complete Drug Free	Treatment Completed	Referred on
Blackburn with Darwen	12	15	15
Blackpool	16	26	46
Bolton	21	24	19
Bury	19	13	13
Cheshire	23	15	8
Cumbria	5	18	-
Halton	18	36	25
Knowsley	42	8	9
Lancashire	44	73	292
Liverpool	55	29	49
Manchester	13	23	28
Oldham	15	9	-
Rochdale	25	47	7
Salford	-	25	20
Sefton	14	18	69
St Helens	11	9	31
Stockport	9	39	-
Tameside	10	-	6
Trafford	13	13	14
Warrington	21	7	25
Wigan and Leigh	9	25	9
Wirral	25	19	13

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

## Primary drug of use of individuals in contact with treatment services

This section details the primary drug of use of those in contact with treatment services in the North West of England. Whilst regionally 67.77% of individuals reported heroin as their primary drug of use, this proportion varied between D(A)ATs from 82.15% in Blackpool to 41.85% in Halton.

**Figure Four: Regional primary drug of use.**



**Table Eight: Primary drug of use by D(A)AT of residence**

D(A)AT	Heroin	Methadone	Other Opiates	Amphetamines (excluding ecstasy)	Cocaine (excluding crack)	Crack	Cannabis	Other Drugs	Drug - not otherwise specified	Total
Blackburn with Darwen	578	33	21	36	6	12	71	10	22	789
Blackpool	985	58	19	39	17	17	36	28	0	1199
Bolton	1037	85	44	58	44	34	89	37	-	1432
Bury	422	5	8	21	51	22	131	23	-	686
Cheshire	1253	247	43	34	41	38	147	30	29	1862
Cumbria	955	109	77	56	23	-	65	45	-	1336
Halton	335	59	14	34	88	40	174	76	0	820
Knowsley	553	37	8	16	126	19	224	24	12	1019
Lancashire	2663	198	61	164	98	72	330	110	172	3868
Liverpool	2222	255	77	24	252	94	231	27	136	3318
Manchester	2424	174	48	71	81	126	114	41	48	3127
Oldham	655	32	19	24	33	18	51	13	-	846
Rochdale	738	98	9	61	55	40	247	54	27	1329
Salford	599	84	36	40	33	15	99	25	-	932
Sefton	892	50	11	8	94	20	85	15	46	1221
St Helens	573	65	11	19	86	15	80	28	-	880
Stockport	413	24	36	42	44	19	78	9	16	681
Tameside	609	71	27	27	44	15	62	14	13	882
Trafford	306	67	16	16	57	35	69	6	-	573
Warrington	446	74	26	12	64	19	115	21	-	781
Wigan and Leigh	869	54	18	77	77	17	109	25	0	1246
Wirral	1752	73	88	54	186	97	197	44	11	2502

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

'Other Drugs' includes benzodiazepines, hallucinogens, ecstasy, solvents, barbiturates, major tranquillisers, anti-depressants, prescription drugs other drugs and polydrug use.

**Table Nine: Breakdown of primary drug of use by age and D(A)AT of residence**

D(A)AT	Heroin		Methadone		Other Opiates		Amphetamines (excluding ecstasy)		Cocaine (excluding crack)		Crack		Cannabis		Other Drugs		Drug - not otherwise specified		Total	
	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+	<18	18+
Blackburn with Darwen	0	578	-	32	0	21	-	34	-	5	0	12	40	31	0	10	0	22	44	745
Blackpool	-	984	0	58	0	19	-	37	0	17	0	17	21	15	15	13	0	0	39	1160
Bolton	5	1032	-	84	0	44	-	55	-	42	-	31	30	59	6	31	0	-	50	1382
Bury	-	421	0	5	0	8	-	19	8	43	-	21	71	60	6	17	-	-	91	595
Cheshire	5	1248	0	247	0	43	-	31	-	39	0	38	90	57	-	27	-	26	106	1756
Cumbria	-	952	0	109	0	77	-	54	0	23	0	-	14	51	7	38	0	-	26	1310
Halton	0	335	0	59	0	14	0	34	0	88	0	40	28	146	-	75	0	0	29	791
Knowsley	0	553	0	37	0	8	0	16	6	120	0	19	102	122	-	21	0	12	111	908
Lancashire	5	2658	0	198	0	61	17	147	8	90	0	72	184	146	19	91	0	172	233	3635
Liverpool	-	2221	0	255	0	77	0	24	-	250	-	93	94	137	-	25	8	128	108	3210
Manchester	-	2421	0	174	0	48	0	71	22	59	-	125	42	72	-	39	0	48	70	3057
Oldham	0	655	0	32	0	19	-	23	0	33	0	18	25	26	-	11	-	0	29	817
Rochdale	0	738	0	98	0	9	5	56	14	41	0	40	137	110	15	39	-	26	172	1157
Salford	-	598	0	84	0	36	0	40	-	32	0	15	37	62	-	21	0	-	43	889
Sefton	0	892	0	50	0	11	0	8	-	91	0	20	32	53	-	14	0	46	36	1185
St Helens	-	572	0	65	0	11	-	18	-	83	0	15	27	53	5	23	0	-	37	843
Stockport	-	412	0	24	0	36	0	42	-	41	0	19	29	49	0	9	-	8	41	640
Tameside	-	608	0	71	0	27	-	25	-	42	0	15	24	38	5	9	0	13	34	848
Trafford	0	306	0	67	0	16	-	15	-	56	0	35	33	36	0	6	0	-	35	538
Warrington	-	445	0	74	-	25	0	12	-	60	0	19	29	86	-	17	-	-	40	741
Wigan and Leigh	-	868	0	54	0	18	-	74	11	66	0	17	44	65	8	17	0	0	67	1179
Wirral	-	1750	0	73	0	88	0	54	11	175	0	97	37	160	7	37	0	11	57	2445

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

'Other Drugs' includes benzodiazepines, hallucinogens, ecstasy, solvents, barbiturates, major tranquillisers, anti-depressants, other drugs and polydrug use.

**'Other' referral sources include:**

- A&E
- Syringe exchange
- Psychiatry
- Community Care Assessment
- Employment service
- Education service
- Pupil Referral Unit (PRU)
- Connexions
- Social services
- Looked After Children (LAC)
- Sex worker project
- General hospital
- Psychological services
- Relative
- Concerned other
- Child and Adolescent Mental Health Service (CAMHS)
- Other

**North West NDTMS Regional Team**

The NDTMS is operated in the North West by a regional team based in the North West Public Health Observatory. This is housed within the Centre for Public Health at Liverpool John Moores University. The regional team collects data from all of the North West structured drug treatment providers. This is then provided to the National Treatment Agency (NTA) and monthly figures are produced for each D(A)AT.

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