

# North West NDTMS Monthly Report

February 2006

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## Introduction

This publication is the first in our new series of monthly reports produced by the Centre for Public Health detailing the results of the National Drug Treatment Monitoring System (NDTMS) in the North West of England during 2005/06. The report aims to provide each of the 22 North West Drug (and Alcohol) Action Teams (D(A)ATs) with timely information on the number, and profile, of those in contact with treatment services in the area. In order to provide D(A)ATs with timely information, the monthly reports detail year-to-date figures for the number of people in contact with treatment services up to, and inclusive of, the previous month. Therefore, this first monthly report details year to date information from 1<sup>st</sup> April 2005 up to 31<sup>st</sup> January 2006. The report gives D(A)ATs the ability to monitor the main routes of referral for those in contact with services, whilst also providing information on the discharge reasons for those leaving treatment services. The report gives information on all D(A)ATs in the area to offer individual areas the ability to track their own performance in relation to other areas within the North West.

The total number of clients in each D(A)AT quoted in this report may differ slightly to the Local Delivery Plan (LDP) figures produced nationally by National Drug Evidence Centre (NDEC) and NTA. This is due to methodological differences between North West NDTMS (CPH, Liverpool John Moores University) and NDEC. NDEC figures include North West residents who were in contact with services outside of the region. Where a client does not have a D(A)AT of residence, NDEC use a method of interpolation, calculating the proportion of people resident in D(A)AT areas found in complete records and applying this to missing data. The Centre for Public Health does not use this method and reports on only those clients for whom the relevant data have been provided.

This monthly reporting method is currently in a pilot phase. Therefore, the Centre for Public Health, Liverpool John Moores University would welcome feedback on the content of the report to help with future reporting methods. Feedback on the method of report dissemination would also be appreciated. Developments in future monthly reporting will occur following this consultation period.

In addition to NDTMS monthly reports, the North West NDTMS, based at the Centre for Public Health, Liverpool John Moores University, will also be producing additional outputs based on NDTMS information. These future outputs will include an annual report, based on 2005/06 data and thematic reports, which will focus in detail on particular aspects of the NDTMS dataset.

### Triage and Discharge Information for January 2006

The following section details the number of individuals who were triaged during January 2006. This information has been taken from individuals latest treatment episode. An individual may have been in service during the year prior to their treatment episode in this particular month and is therefore not an indication of the number of new clients for the year. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting month. The section also details the number of discharges that occurred during January 2006, along with the discharge reasons for individuals leaving treatment services.

**Table One: Number of triages and discharges during January 2006 by D(A)AT of residence**

D(A)AT	No. Triaged in January 2006	No. successful completions January 2006	No. unplanned discharges January 2006	No. discharges reason 'not known' January 2006	No. discharges reason 'other' January 2006
Blackburn with Darwen	34	8	22	0	0
Blackpool	107	27	34	-	-
Bolton	111	40	70	-	10
Bury	50	10	18	-	-
Cheshire	30	18	37	-	0
Cumbria	30	7	10	5	0
Halton	27	-	-	-	-
Knowsley	-	0	-	0	-
Lancashire	157	50	93	8	0
Liverpool	88	16	107	-	7
Manchester	20	7	9	0	-
Oldham	67	-	26	-	0
Rochdale	91	45	62	7	11
Salford	23	-	27	-	0
Sefton	34	-	12	0	-
St Helens	44	8	15	0	-
Stockport	38	7	23	0	5
Tameside	54	-	19	-	0
Trafford	20	8	6	-	-
Warrington	35	5	14	0	-
Wigan and Leigh	22	6	39	-	-
Wirral	43	-	8	0	-

-= Numbers less than 5 have been suppressed to protect the confidentiality of individuals

#### **Discharge Reasons**

In this report, the discharge reason data has been collapsed into four categories. These categories are Successful Completion, which incorporates 'treatment completed', 'treatment completed drug free' and 'referred on'; Unplanned Discharge which includes 'treatment withdrawn/breached', 'no appropriate treatment', 'dropped out/left', 'prison', 'moved away' and 'died'. The other two categories are Other and Not Known. The Not Known category includes episode data that included a discharge date but no discharge reason.

**Number of those in contact with treatment services by D(A)AT**

Table two details the year-to-date figure for the number of individuals in contact with treatment services by D(A)AT of residence. These figures detail all individuals in contact with treatment agencies from 1<sup>st</sup> April 2005 to 31<sup>st</sup> January 2006. The table only includes data for those resident within the region who were in contact with treatment services within the North West. The figures also only include those individuals in contact with structured treatment services (i.e. high threshold tier 3 and 4 services as defined by the Models of Care, National Treatment Agency (NTA), 2002, see [www.nta.nhs.uk](http://www.nta.nhs.uk)). Low threshold interventions, such as open access and syringe exchange services are not recorded within the NDTMS. The system excludes those who presented to service with alcohol as their primary problematic substance. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting period.

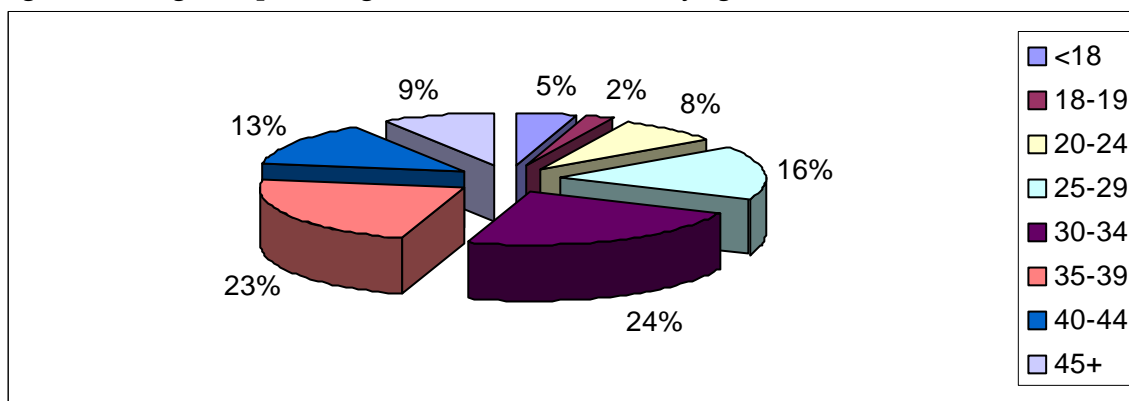
**Table Two: Number of individuals in contact with treatment services  
(From 01/04/2005 to 31/01/06) by D(A)AT of residence**

D(A)AT	Number in treatment YTD
Blackburn with Darwen	869
Blackpool	1497
Bolton	1776
Bury	1120
Cheshire	1709
Cumbria	1329
Halton	671
Knowsley	719
Lancashire	4540
Liverpool	3866
Manchester	2900
Oldham	1238
Rochdale	1418
Salford	1008
Sefton	1461
St Helens	952
Stockport	936
Tameside	1016
Trafford	700
Warrington	819
Wigan and Leigh	1661
Wirral	2466

## Age

The following section details the age profile of those in contact with treatment services in the North West of England. The age of individuals has been calculated from the last day of the reporting month (31/01/2006). The average age of individuals in contact with treatment services during 2005/06 (YTD) was 33.36.

**Figure One: regional percentages of those in treatment by age bands**



Whilst regionally 4.74% of individuals in contact with treatment services were aged under 18, the proportion of clients in this age band varied considerably across D(A)ATs (see table three). In Blackburn and Knowsley, 0.12% and 0.14% of the treatment population respectively were aged under 18. In contrast, 13.39%, 13.03% and 14.74% of those in contact with treatment services in Bury, Rochdale and Stockport respectively were aged under 18. In Bolton, 12.38% of those in contact with service were aged 40 and over, whereas in Liverpool and Wirral this age group comprised 30.25% and 31.87% respectively of the treatment population.

**Table Three: Age of those in contact with treatment services by D(A)AT of residence**

D(A)AT	Age bands							
	<18	18-19	20-24	25-29	30-34	35-39	40-44	45+
Blackburn with Darwen	-	14	73	197	286	178	68	52
Blackpool	33	28	151	273	372	345	192	103
Bolton	93	47	244	386	463	323	132	88
Bury	150	54	93	181	190	207	113	132
Cheshire	19	29	153	367	438	326	248	129
Cumbria	62	34	152	339	312	221	115	94
Halton	50	18	70	122	158	130	77	46
Knowsley	-	5	61	95	179	215	104	59
Lancashire	66	80	442	966	1233	871	485	397
Liverpool	52	24	175	412	874	1179	740	410
Manchester	61	40	139	385	704	783	488	300
Oldham	123	43	106	170	268	273	126	129
Rochdale	209	62	113	181	263	270	181	139
Salford	47	17	71	168	252	231	122	100
Sefton	75	34	93	168	323	398	236	134
St Helens	78	24	71	159	251	201	90	78
Stockport	122	55	84	137	201	147	114	76
Tameside	48	29	111	236	264	172	100	56
Trafford	61	33	56	78	122	158	127	65
Warrington	54	18	58	158	221	177	71	62
Wigan and Leigh	89	46	160	309	351	321	202	183
Wirral	98	65	100	211	487	719	509	277

-= Numbers less than 5 have been suppressed to protect the confidentiality of individuals.

**Gender and Ethnicity of those in contact with treatment services**

During 2005/06 (YTD), 71.47% of individuals in contact with treatment services in the North West were male. Regionally, there were proportionately more females in contact with treatment services aged 20-29 in comparison to other age groups. Whilst regionally, 96.08% of those individuals stating their ethnicity were described as 'white', there was a degree of variation in this percentage from 87.83% in Oldham to 99.61% in Cumbria. It should be noted that ethnicity percentages were calculated from those that stated an ethnicity and did not include missing data.

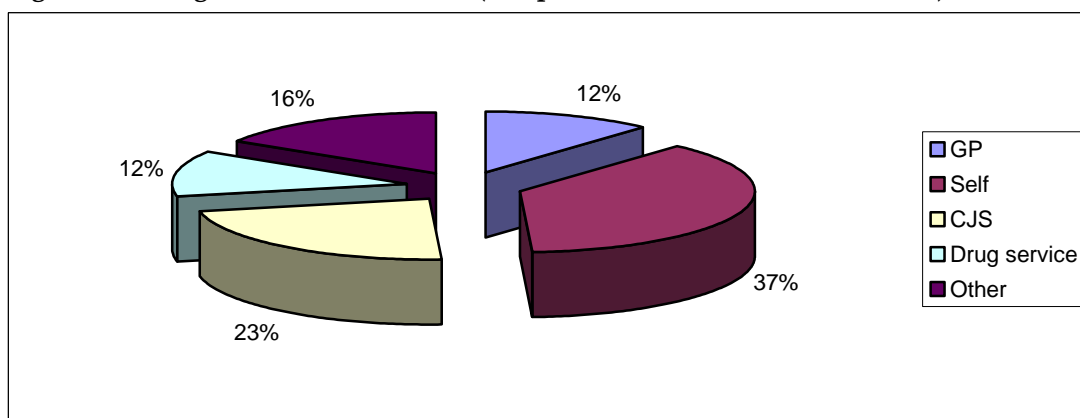
**Table Four: Gender and Ethnicity by D(A)AT of residence**

D(A)AT	Male		White	
	No.	%	No.	%
Blackburn with Darwen	672	77.33	705	94.38
Blackpool	1059	70.74	1470	98.59
Bolton	1308	73.65	1662	95.08
Bury	787	70.27	866	94.44
Cheshire	1201	70.28	1394	97.96
Cumbria	875	65.84	1291	99.61
Halton	485	72.28	660	99.40
Knowsley	540	75.10	700	97.90
Lancashire	3131	68.96	4154	96.47
Liverpool	2658	68.75	3550	96.78
Manchester	2051	70.72	1214	88.68
Oldham	924	74.64	1075	87.83
Rochdale	1036	73.06	1277	92.74
Salford	764	75.79	915	94.14
Sefton	1038	71.05	1415	98.61
St Helens	706	74.16	939	98.95
Stockport	683	72.97	850	94.87
Tameside	739	72.74	966	95.93
Trafford	518	74.00	585	89.86
Warrington	610	74.48	808	98.78
Wigan and Leigh	1194	71.88	1586	98.82
Wirral	1802	73.07	1820	98.81

## Referral sources of those in contact with treatment in the North West

In this section of the report, all episodes of treatment in 2005/06 have been recorded, regardless of whether an individual has entered treatment on more than one occasion over the year (n= 43020 including double counting). All episodes of treatment have been included to provide the fullest possible understanding of the ways in which people are referred into services in each D(A)AT area. Regionally, the most common route of referral into treatment services was through self-referral (37.63%).

**Figure Two: Regional route of referral (all episodes of treatment for the YTD)**



**Other=** syringe exchange, psychiatry, Community Care Assessment, employment services, education service, PRU, Connexions, social services, LAC and other

Whilst regionally, 22.47% of referral were from Criminal Justice Services, this proportion varied between D(A)ATs from 9.63% in Knowsley to 41.32% in Blackpool.

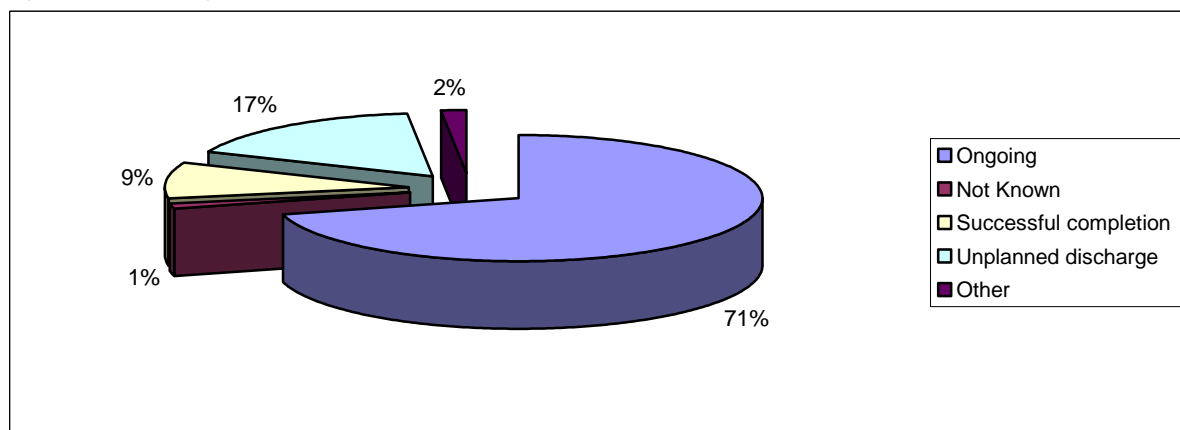
**Table Five: Referral Sources for all episodes of treatment by D(A)AT of residence**

D(A)AT	GP	Self	CJS	Drug services	Other
Blackburn with Darwen	106	462	373	31	169
Blackpool	67	559	992	586	156
Bolton	123	1023	748	224	289
Bury	166	411	307	104	346
Cheshire	260	1081	208	162	186
Cumbria	708	334	312	124	315
Halton	96	353	212	64	113
Knowsley	67	422	81	78	176
Lancashire	597	2599	1981	418	764
Liverpool	1135	1382	685	910	839
Manchester	24	223	348	341	125
Oldham	112	660	442	167	222
Rochdale	146	500	365	192	607
Salford	51	653	201	120	118
Sefton	299	849	360	647	376
St Helens	122	599	147	93	273
Stockport	58	468	292	139	146
Tameside	104	542	332	93	180
Trafford	76	314	139	55	121
Warrington	88	627	139	36	282
Wigan and Leigh	109	1193	338	177	225

## Discharge Reasons for those in contact with treatment services

The following section details the discharge reasons for individuals exiting structured drug treatment during 2005/06 (YTD). In this section, only data from a client's latest episode were used. The NDTMS has 12 outcome measures. In this report, the data has been collapsed into five categories. These categories are Successful Completion, Unplanned Discharge, Ongoing, which includes all clients in contact with service on 31st January 2006, Other and Not Known. Where agencies did not complete a discharge date a client was assumed to be still in contact. Regionally, the majority of clients in contact with treatment services during 2005/06 (YTD) were in an ongoing treatment episode (70.92%).

**Figure Three: Regional client status for latest treatment episode**



**Table Six: Client status for latest episode of treatment by D(A)AT of residence**

D(A)AT	Ongoing	Successful completion	Unplanned discharge	Not known	Other
Blackburn with Darwen	559	105	202	-	-
Blackpool	865	340	265	9	18
Bolton	1198	149	367	14	48
Bury	738	146	219	13	-
Cheshire	1368	105	232	-	-
Cumbria	1046	63	113	106	-
Halton	523	56	73	-	15
Knowsley	523	58	110	8	20
Lancashire	3141	458	888	21	32
Liverpool	2631	293	715	76	151
Manchester	2224	189	420	46	21
Oldham	872	80	258	27	-
Rochdale	866	160	322	30	40
Salford	670	67	266	-	-
Sefton	1044	158	150	34	75
St Helens	685	126	117	-	22
Stockport	609	85	189	8	45
Tameside	736	82	167	30	-
Trafford	489	116	79	10	6
Warrington	690	49	71	0	9
Wigan and Leigh	1061	157	398	14	31
Wirral	2050	115	268	3	30

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals

**North West NDTMS Regional Team**

The NDTMS is operated in the North West by a regional team based in the North West Public Health Observatory. This is housed within the Centre for Public Health at Liverpool John Moores University. The regional team collects data from all of the North West structured drug treatment providers. This is then provided to the National Treatment Agency (NTA) and monthly figures are produced for each D(A)AT.

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