

# North West NDTMS Monthly Report

March 2006

## Contents

|  |   |
|--|---|
| Introduction                                       | 1 |
| Triage and discharge information for February 2006 | 2 |
| Number in treatment by D(A)AT                      | 3 |
| Age of those in contact with treatment services    | 4 |
| Gender and Ethnicity                               | 5 |
| Referral Sources                                   | 6 |
| Discharge Reasons                                  | 7 |

Ayesha Khundakar  
Adam Marr  
Jim McVeigh

Centre for Public Health,  
Faculty of Health and Applied Social Sciences,  
Liverpool John Moores University,  
Castle House,  
North Street,  
Liverpool.  
L3 2AY

Tel (0151) 231 4538  
Fax (0151) 231 4515

[A.khundakar@ljmu.ac.uk](mailto:A.khundakar@ljmu.ac.uk)

## Introduction

This publication is the second in our new series of monthly reports produced by the Centre for Public Health detailing the results of the National Drug Treatment Monitoring System (NDTMS) in the North West of England during 2005/06. The report aims to provide each of the 22 North West Drug (and Alcohol) Action Teams (D(A)ATs) with timely information on the number, and profile, of those in contact with treatment services in the area. In order to provide D(A)ATs with timely information, the monthly reports detail year-to-date figures for the number of people in contact with treatment services up to, and inclusive of, the previous month. Therefore, this second monthly report details year to date information from 1<sup>st</sup> April 2005 up to 28th February 2006. The report gives D(A)ATs the ability to monitor the main routes of referral for those in contact with services, whilst also providing information on the discharge reasons for those leaving treatment services. The report gives information on all D(A)ATs in the area to offer individual areas the ability to track their own performance in relation to other areas within the North West.

The total number of clients in each D(A)AT quoted in this report may differ slightly to the Local Delivery Plan (LDP) figures produced nationally by National Drug Evidence Centre (NDEC) and NTA. This is due to methodological differences between North West NDTMS (CPH, Liverpool John Moores University) and NDEC. NDEC figures include North West residents who were in contact with services outside of the region. Where a client does not have a D(A)AT of residence, NDEC use a method of interpolation, calculating the proportion of people resident in D(A)AT areas found in complete records and applying this to missing data. The Centre for Public Health does not use this method and reports on only those clients for whom the relevant data have been provided.

This monthly reporting method is currently in a pilot phase. Therefore, the Centre for Public Health, Liverpool John Moores University would welcome feedback on the content of the report to help with future reporting methods. Feedback on the method of report dissemination would also be appreciated. Developments in future monthly reporting will occur following this consultation period.

In addition to NDTMS monthly reports, the North West NDTMS, based at the Centre for Public Health, Liverpool John Moores University, will also be producing additional outputs based on NDTMS information. These future outputs will include an annual report, based on 2005/06 data and thematic reports, which will focus in detail on particular aspects of the NDTMS dataset.

### Triage and Discharge Information for February 2006

The following section details the number of individuals who were triaged during February 2006. This information has been taken from individuals' latest treatment episode. An individual may have been in service during the year prior to their treatment episode in this particular month and is therefore not an indication of the number of new clients for the year. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting month. The section also details the number of discharges that occurred during February 2006, along with the discharge reasons for individuals leaving treatment services.

**Table One: Number of triages and discharges during February 2006 by D(A)AT of residence**

| D(A)AT                | No. Triaged in February 2006 | No. successful completions February 2006 | No. unplanned discharges February 2006 | No. discharges reason 'not known' February 2006 | No. discharges reason 'other' February 2006 |
|-----------------------|------------------------------|--|--|---|---|
| Blackburn with Darwen | 30                           | 11                                       | 20                                     | 0   | -   |
| Blackpool             | 99                           | 20                                       | 27                                     | 0   | -   |
| Bolton                | 71                           | 10                                       | 47                                     | -   | -   |
| Bury                  | 61                           | 11                                       | 16                                     | 0   | -   |
| Cheshire              | 76                           | 9  | 36                                     | 0   | 0   |
| Cumbria               | 17                           | 11                                       | 9                                      | -   | 0   |
| Halton                | 27                           | -  | -                                      | -   | -   |
| Knowsley              | 19                           | -  | -                                      | 0   | 0   |
| Lancashire            | 149                          | 28                                       | 51                                     | -   | -   |
| Liverpool             | 112                          | 22                                       | 68                                     | 13  | 0   |
| Manchester            | 31                           | 13                                       | 14                                     | 0   | -   |
| Oldham                | 47                           | -  | 37                                     | 0   | 0   |
| Rochdale              | 41                           | 27                                       | 18                                     | 0   | 0   |
| Salford               | 35                           | 5  | 35                                     | 0   | 0   |
| Sefton                | 70                           | 9  | 12                                     | 0   | 7   |
| St Helens             | 23                           | 11                                       | -                                      | -   | -   |
| Stockport             | 27                           | 20                                       | 24                                     | -   | 5   |
| Tameside              | 63                           | -  | 20                                     | -   | 0   |
| Trafford              | 28                           | 20                                       | 12                                     | 0   | 0   |
| Warrington            | 44                           | 0  | -                                      | 0   | 0   |
| Wigan and Leigh       | 46                           | 5  | 17                                     | 0   | 0   |
| Wirral                | 68                           | 11                                       | 10                                     | 6   | -   |

-= Numbers less than 5 have been suppressed to protect the confidentiality of individuals

#### **Discharge Reasons**

In this report, the discharge reason data has been collapsed into four categories. These categories are Successful Completion, which incorporates 'treatment completed', 'treatment completed drug free' and 'referred on'; Unplanned Discharge which includes 'treatment withdrawn/breached', 'no appropriate treatment', 'dropped out/left', 'prison', 'moved away' and 'died'. The other two categories are Other and Not Known. The Not Known category includes episode data that included a discharge date but no discharge reason.

**Number of those in contact with treatment services by D(A)AT**

Table two details the year-to-date figure for the number of individuals in contact with treatment services by D(A)AT of residence. These figures detail all individuals in contact with treatment agencies from 1<sup>st</sup> April 2005 to 28<sup>th</sup> February 2006. The table only includes data for those resident within the region who were in contact with treatment services within the North West. The figures also only include those individuals in contact with structured treatment services (i.e. high threshold tier 3 and 4 services as defined by the Models of Care, National Treatment Agency (NTA), 2002, see [www.nta.nhs.uk](http://www.nta.nhs.uk)). Low threshold interventions, such as open access and syringe exchange services are not recorded within the NDTMS. The system excludes those who presented to service with alcohol as their primary problematic substance. A person may be counted more than once if they were resident in more than one D(A)AT area during the reporting period.

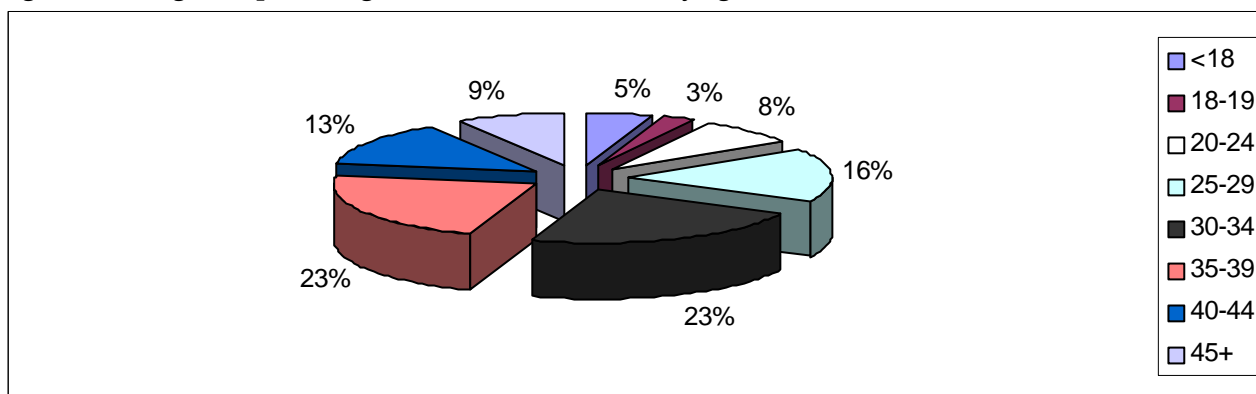
**Table Two: Number of individuals in contact with treatment services  
(From 01/04/2005 to 28/02/06) by D(A)AT of residence**

| D(A)AT                | Number in treatment YTD |
|-----------------------|-------------------------|
| Blackburn with Darwen | 889                     |
| Blackpool             | 1568                    |
| Bolton                | 1842                    |
| Bury                  | 1052                    |
| Cheshire              | 2087                    |
| Cumbria               | 1346                    |
| Halton                | 668                     |
| Knowsley              | 788                     |
| Lancashire            | 4609                    |
| Liverpool             | 3937                    |
| Manchester            | 2943                    |
| Oldham                | 1306                    |
| Rochdale              | 1482                    |
| Salford               | 1033                    |
| Sefton                | 1487                    |
| St Helens             | 937                     |
| Stockport             | 967                     |
| Tameside              | 1089                    |
| Trafford              | 759                     |
| Warrington            | 832                     |
| Wigan and Leigh       | 1459                    |
| Wirral                | 2606                    |

## Age

The following section details the age profile of those in contact with treatment services in the North West of England. The age of individuals has been calculated from the last day of the reporting month (28/02/2006). The average age of individuals in contact with treatment services during 2005/06 (YTD) was 33.19.

**Figure One: regional percentages of those in treatment by age bands**



Whilst regionally 5.25% of individuals in contact with treatment services were aged under 18, the proportion of clients in this age band varied considerably across D(A)ATs (see table three). In Blackburn and Knowsley, 0.11% and 0.25% of the treatment population respectively were aged under 18. In contrast, 15.68%, 14.84% and 16.69% of those in contact with treatment services in Bury, Oldham and Rochdale respectively were aged under 18. In Bolton, 12.16% of those in contact with service were aged 40 and over, whereas in Liverpool and Wirral this age group comprised 30.10% and 31.96% respectively of the treatment population.

**Table Three: Age of those in contact with treatment services by D(A)AT of residence**

| D(A)AT                | Age bands |       |       |       |       |       |       |     |
|-----------------------|-----------|-------|-------|-------|-------|-------|-------|-----|
|                       | <18       | 18-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45+ |
| Blackburn with Darwen | -         | 13    | 72    | 194   | 295   | 191   | 68    | 55  |
| Blackpool             | 33        | 28    | 155   | 281   | 393   | 363   | 201   | 114 |
| Bolton                | 98        | 52    | 255   | 404   | 476   | 333   | 138   | 86  |
| Bury                  | 165       | 63    | 96    | 186   | 187   | 184   | 89    | 82  |
| Cheshire              | 33        | 48    | 215   | 452   | 519   | 384   | 292   | 144 |
| Cumbria               | 80        | 37    | 151   | 330   | 315   | 220   | 119   | 94  |
| Halton                | 33        | 12    | 65    | 129   | 153   | 144   | 83    | 49  |
| Knowsley              | -         | 6     | 67    | 107   | 196   | 232   | 116   | 62  |
| Lancashire            | 77        | 85    | 451   | 976   | 1235  | 886   | 504   | 395 |
| Liverpool             | 55        | 27    | 180   | 404   | 872   | 1214  | 758   | 427 |
| Manchester            | 69        | 41    | 147   | 383   | 707   | 801   | 488   | 307 |
| Oldham                | 218       | 62    | 97    | 157   | 251   | 262   | 127   | 132 |
| Rochdale              | 220       | 64    | 120   | 194   | 271   | 282   | 185   | 146 |
| Salford               | 56        | 19    | 71    | 168   | 255   | 242   | 121   | 101 |
| Sefton                | 85        | 31    | 96    | 165   | 327   | 408   | 241   | 134 |
| St Helens             | 80        | 28    | 69    | 154   | 248   | 198   | 83    | 77  |
| Stockport             | 129       | 55    | 91    | 139   | 205   | 154   | 114   | 80  |
| Tameside              | 47        | 30    | 123   | 250   | 281   | 192   | 105   | 61  |
| Trafford              | 75        | 43    | 59    | 81    | 124   | 176   | 135   | 66  |
| Warrington            | 52        | 15    | 58    | 163   | 224   | 175   | 79    | 66  |
| Wigan and Leigh       | 94        | 44    | 175   | 295   | 344   | 281   | 158   | 68  |
| Wirral                | 105       | 72    | 108   | 227   | 491   | 770   | 545   | 288 |

- = Numbers less than 5 have been suppressed to protect the confidentiality of individuals.

**Gender and Ethnicity of those in contact with treatment services**

During 2005/06 (YTD), 71.66% of individuals in contact with treatment services in the North West were male. Regionally, there were proportionately more females in contact with treatment services aged 20-29 in comparison to other age groups. Whilst regionally, 95.82% of those individuals stating their ethnicity were described as 'white', there was a degree of variation in this percentage from 86.82% in Oldham to 99.59% in Cumbria. It should be noted that ethnicity percentages were calculated from those that stated an ethnicity and did not include missing data.

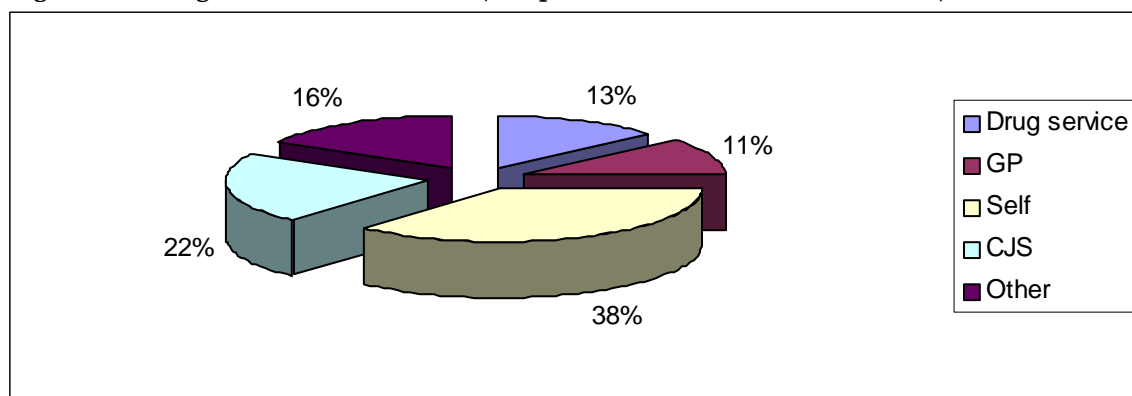
**Table Four: Gender and Ethnicity by D(A)AT of residence**

| D(A)AT                | Male |       | White |       |
|-----------------------|------|-------|-------|-------|
|                       | No.  | %     | No.   | %     |
| Blackburn with Darwen | 690  | 77.62 | 724   | 94.64 |
| Blackpool             | 1112 | 70.92 | 1544  | 98.78 |
| Bolton                | 1353 | 73.45 | 1731  | 95.06 |
| Bury                  | 759  | 72.15 | 946   | 93.57 |
| Cheshire              | 1486 | 71.20 | 1842  | 98.19 |
| Cumbria               | 888  | 65.97 | 1229  | 99.59 |
| Halton                | 485  | 72.60 | 656   | 99.09 |
| Knowsley              | 596  | 75.63 | 768   | 98.08 |
| Lancashire            | 3197 | 69.36 | 4229  | 96.44 |
| Liverpool             | 2714 | 68.94 | 3550  | 96.84 |
| Manchester            | 2081 | 70.71 | 2477  | 89.71 |
| Oldham                | 956  | 73.20 | 1126  | 86.82 |
| Rochdale              | 1086 | 73.28 | 1332  | 92.37 |
| Salford               | 784  | 75.90 | 952   | 93.70 |
| Sefton                | 1049 | 70.54 | 1447  | 98.84 |
| St Helens             | 698  | 74.49 | 924   | 98.82 |
| Stockport             | 702  | 72.60 | 881   | 94.73 |
| Tameside              | 793  | 72.82 | 1040  | 96.12 |
| Trafford              | 565  | 74.44 | 636   | 89.08 |
| Warrington            | 618  | 74.28 | 821   | 98.80 |
| Wigan and Leigh       | 1084 | 74.30 | 1408  | 98.74 |
| Wirral                | 1910 | 73.29 | 2510  | 98.97 |

### Referral sources of those in contact with treatment in the North West

In this section of the report, all episodes of treatment in 2005/06 have been recorded, regardless of whether an individual has entered treatment on more than one occasion over the year (n=47433 including double counting). All episodes of treatment have been included to provide the fullest possible understanding of the ways in which people are referred into services in each D(A)AT area. Regionally, the most common route of referral into treatment services was through self-referral (37.06%).

**Figure Two: Regional route of referral (all episodes of treatment for the YTD)**



Other includes syringe exchange, psychiatry, Community Care Assessment, employment services, education service, PRU, Connexions, social services, Looked After Children (LAC) and other

Whilst regionally, 21.75% of referral were from Criminal Justice Services, this proportion varied between D(A)ATs from 8.01% in Knowsley to 36.77% in Blackpool.

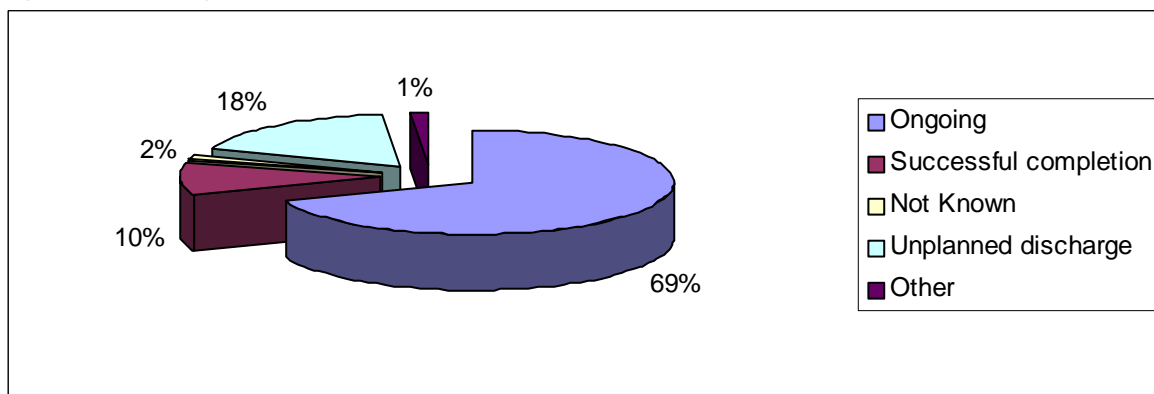
**Table Five: Referral Sources for all episodes of treatment by D(A)AT of residence**

| D(A)AT                | GP   | Self | CJS  | Drug services | Other |
|-----------------------|------|------|------|---------------|-------|
| Blackburn with Darwen | 107  | 463  | 397  | 32            | 190   |
| Blackpool             | 75   | 615  | 1006 | 821           | 179   |
| Bolton                | 125  | 1067 | 826  | 232           | 299   |
| Bury                  | 160  | 382  | 313  | 105           | 332   |
| Cheshire              | 338  | 1439 | 303  | 128           | 262   |
| Cumbria               | 709  | 341  | 312  | 128           | 334   |
| Halton                | 96   | 375  | 214  | 73            | 119   |
| Knowsley              | 76   | 477  | 74   | 83            | 198   |
| Lancashire            | 530  | 2671 | 2054 | 466           | 809   |
| Liverpool             | 1347 | 1328 | 938  | 1074          | 829   |
| Manchester            | 158  | 980  | 450  | 838           | 852   |
| Oldham                | 110  | 697  | 303  | 140           | 234   |
| Rochdale              | 157  | 522  | 396  | 199           | 647   |
| Salford               | 52   | 684  | 215  | 133           | 154   |
| Sefton                | 303  | 873  | 353  | 695           | 379   |
| St Helens             | 122  | 591  | 157  | 103           | 264   |
| Stockport             | 60   | 498  | 307  | 149           | 154   |
| Tameside              | 119  | 627  | 362  | 102           | 198   |
| Trafford              | 80   | 356  | 183  | 62            | 155   |
| Warrington            | 90   | 651  | 139  | 160           | 183   |
| Wigan and Leigh       | 85   | 1084 | 384  | 147           | 207   |
| Wirral                | 456  | 863  | 630  | 494           | 836   |

### Discharge Reasons for those in contact with treatment services

The following section details the discharge reasons for individuals exiting structured drug treatment during 2005/06 (YTD). In this section, only data from a client's latest episode were used. The NDTMS has 12 outcome measures. In this report, the data has been collapsed into five categories. These categories are Successful Completion, Unplanned Discharge, Ongoing, which includes all clients in contact with service on 28<sup>th</sup> February 2006, Other and Not Known. Where agencies did not complete a discharge date a client was assumed to be still in contact. Regionally, the majority of clients in contact with treatment services during 2005/06 (YTD) were in an ongoing treatment episode (69.04%).

**Figure Three: Regional client status for latest treatment episode**



**Table Six: Client status for latest episode of treatment by D(A)AT of residence**

| D(A)AT                | Ongoing | Successful completion | Unplanned discharge | Not known | Other |
|-----------------------|---------|-----------------------|---------------------|-----------|-------|
| Blackburn with Darwen | 556     | 105                   | 222                 | -         | 5     |
| Blackpool             | 995     | 215                   | 329                 | 9         | 20    |
| Bolton                | 1238    | 158                   | 381                 | 13        | 52    |
| Bury                  | 638     | 131                   | 270                 | -         | 12    |
| Cheshire              | 1521    | 170                   | 391                 | -         | -     |
| Cumbria               | 1016    | 84                    | 120                 | 125       | -     |
| Halton                | 517     | 63                    | 65                  | 7         | 16    |
| Knowsley              | 552     | 75                    | 134                 | 10        | 17    |
| Lancashire            | 3155    | 450                   | 936                 | 23        | 45    |
| Liverpool             | 2569    | 312                   | 744                 | 202       | 110   |
| Manchester            | 2259    | 204                   | 426                 | 34        | 20    |
| Oldham                | 914     | 94                    | 290                 | 7         | -     |
| Rochdale              | 890     | 189                   | 341                 | 28        | 34    |
| Salford               | 667     | 71                    | 291                 | -         | -     |
| Sefton                | 723     | 490                   | 139                 | 55        | 80    |
| St Helens             | 651     | 132                   | 123                 | 23        | 8     |
| Stockport             | 595     | 112                   | 202                 | 8         | 50    |
| Tameside              | 770     | 90                    | 199                 | 29        | -     |
| Trafford              | 504     | 145                   | 95                  | 8         | 7     |
| Warrington            | 687     | 56                    | 84                  | 0         | 5     |
| Wigan and Leigh       | 973     | 115                   | 333                 | 10        | 28    |
| Wirral                | 2199    | 124                   | 232                 | 31        | 17    |

= Numbers less than 5 have been suppressed to protect the confidentiality of individuals

**North West NDTMS Regional Team**

The NDTMS is operated in the North West by a regional team based in the North West Public Health Observatory. This is housed within the Centre for Public Health at Liverpool John Moores University. The regional team collects data from all of the North West structured drug treatment providers. This is then provided to the National Treatment Agency (NTA) and monthly figures are produced for each D(A)AT.

**Contact details****Ayesha Khundakar**

**Centre for Public Health  
Faculty of Health and Applied Social Sciences  
Liverpool John Moores University  
Castle House  
North Street  
Liverpool  
L3 2AY**

**Tel (0151) 231 4538****Fax (0151) 231 4515****A.khundakar@ljmu.ac.uk**

Previous monthly reports, together with additional outputs can be accessed at  
[www.cph.org.uk/ndtms](http://www.cph.org.uk/ndtms).