## Any harm

Experienced any type of harm due to someone else's drinking



Overall prevalence in the adult population in the last year: 59.7%

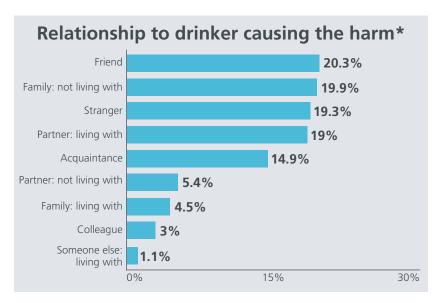
### **Summary**

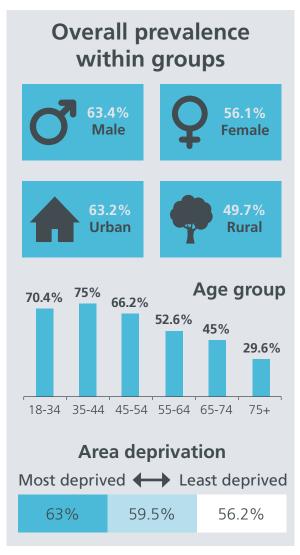
Six in ten (59.7%) adults in Wales have experienced harms due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 1,460,151 people aged 18 years and older.

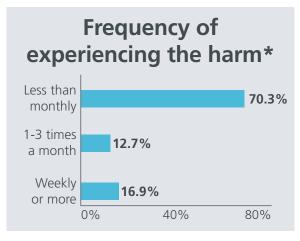
After controlling for socio-demographics and other confounding factors, age group was significantly associated with experiencing any harm, with the highest levels reported in those aged 18 to 54 years and the lowest in those aged 75 years and older.

Of those experiencing any harms, **16.9**% experienced them once a week or more often. Those that caused the harms were most commonly reported to be:

- A friend (20.3%);
- A family member living in a different household (19.9%);
- A stranger (19.3%); and/or,
- A partner living in the same household (19%).







<sup>\*</sup> Average values across 18 harms (i.e. excluding other harms).

## Serious argument

Involved in a serious argument (that did not include physical violence) due to someone else's drinking



Overall prevalence in the adult population in the last year: 20.3%

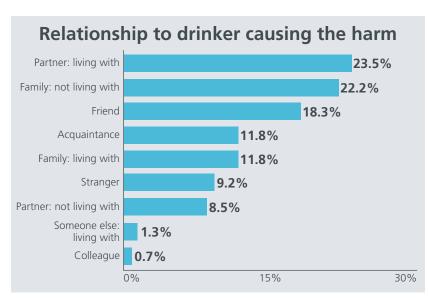
### **Summary**

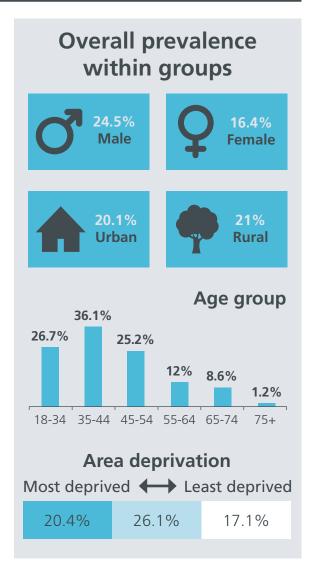
One in five (20.3%) adults in Wales have been involved in a serious argument (that did not include physical violence) due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 497,161 people aged 18 years and older.

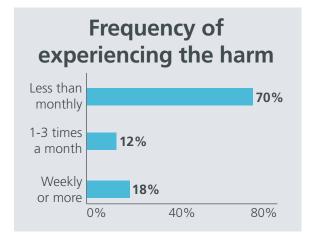
After controlling for socio-demographics and other confounding factors, age group and personal alcohol consumption were significantly associated with experiencing an argument, with the highest levels reported in: those aged 18 to 54 years; and those who regularly binge drink.

Of those experiencing this harm, nearly one in five (18%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A partner living in the same household (23.5%);
- A family member living in a different household (22.2%); and/or,
- A friend (18.3%).







# Physically threatened

Felt physically threatened due to someone else's drinking



Overall prevalence in the adult population in the last year: 17.7%

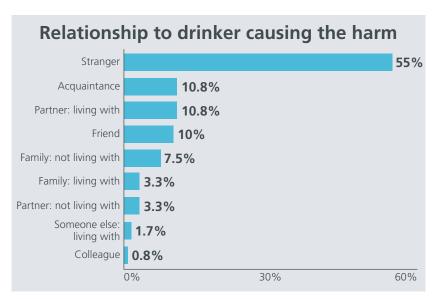
### **Summary**

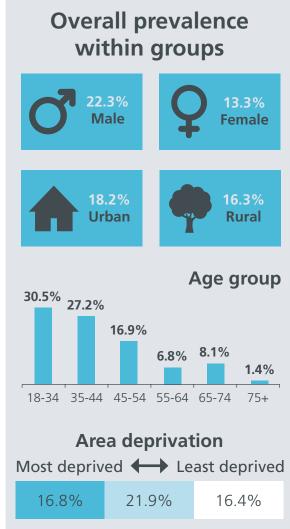
Just under one in five (17.7%) adults in Wales have felt physically threatened due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 433,392 people aged 18 years and older.

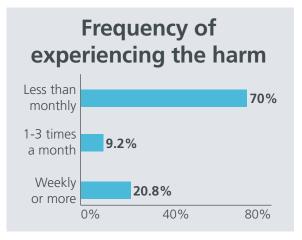
After controlling for socio-demographics and other confounding factors, age group and gender were significantly associated with feeling physically threatened, with the highest levels reported in: those aged 18 to 54 years; and males.

Of those experiencing this harm, over one in five (20.8%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

A stranger (55%).







## **Emotional neglect**



Felt emotionally hurt or neglected due to someone else's drinking

Overall prevalence in the adult population in the last year: 17.3%

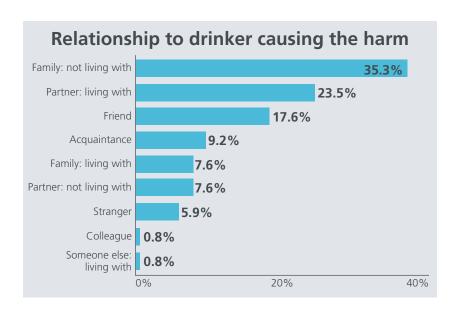
### **Summary**

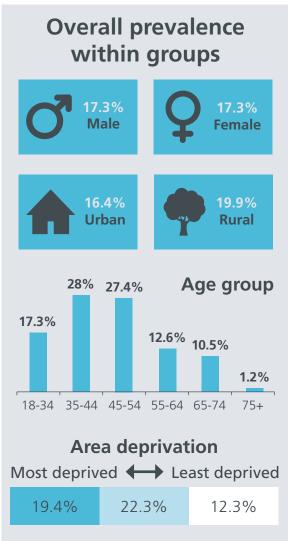
Just under one in five (17.3%) adults in Wales have felt emotionally hurt or neglected due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 423,097 people aged 18 years and older.

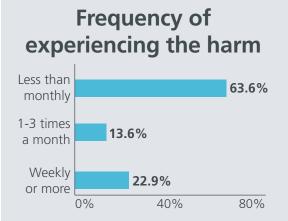
After controlling for socio-demographics and other confounding factors, age group, area type and area deprivation were significantly associated with feeling emotionally hurt or neglected, with the highest levels reported in those: aged 18 to 54 years; living in rural areas; and living in areas of mid-level deprivation.

Of those experiencing this harm, over one in five (22.9%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A family member living in a different household (35.3%);
- A partner living in the same household (23.5%); and/or,
- A friend (17.6%).







# Physically assaulted

Been physically assaulted due to someone else's drinking



Overall prevalence in the adult population in the last year: 5.5%

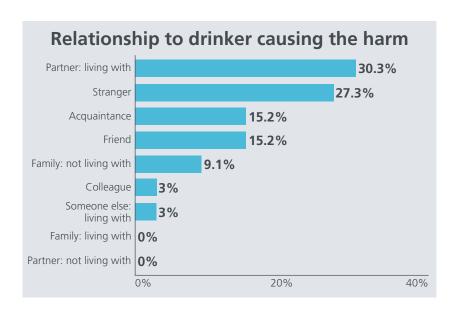
#### **Summary**

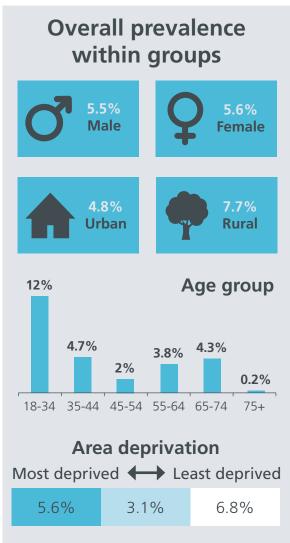
One in 18 (5.5%) adults in Wales have been physically assaulted due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 135,704 people aged 18 years and older.

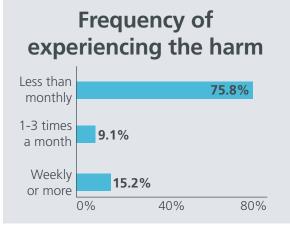
After controlling for socio-demographics and other confounding factors, only age group was significantly associated with having been physically assaulted, with the highest levels reported in those aged 18 to 34 years.

Of those experiencing this harm, over one in 10 (15.2%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A partner living in the same household (30.3%);
- A stranger (27.3%);
- An acquaintance (15.2%); and/or,
- A friend (15.2%).







# **Accidentally injured**



Been physically hurt or injured accidentally due to someone else's drinking

Overall prevalence in the adult population in the last year: 6.5%

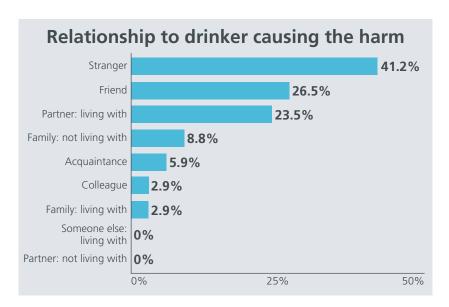
### **Summary**

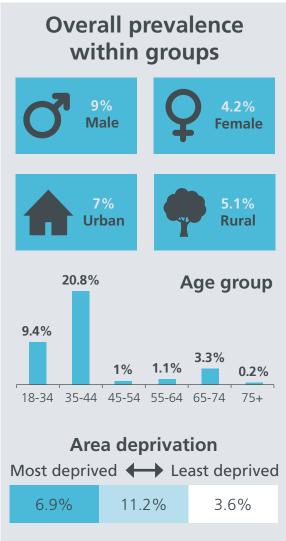
Just over one in 15 (6.5%) adults in Wales have been physically hurt or injured accidentally due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 159,369 people aged 18 years and older.

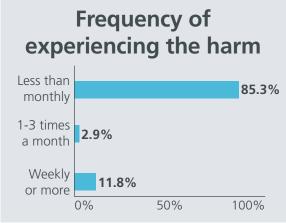
After controlling for socio-demographics and other confounding factors, only age group was significantly associated with having been physically hurt or injured accidentally, with the highest levels reported in those aged 18 to 34 years.

Of those experiencing this harm, over one in nine (11.8%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A stranger (41.2%);
- A friend (26.5%); and/or,
- A partner living in the same household (23.5%).







## **Drink driving**

Been put at risk in a car due to someone else's drinking



Overall prevalence in the adult population in the last year: 2.6%

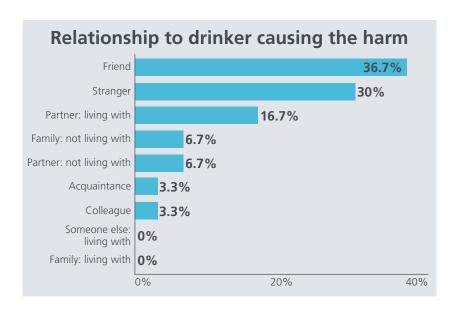
### **Summary**

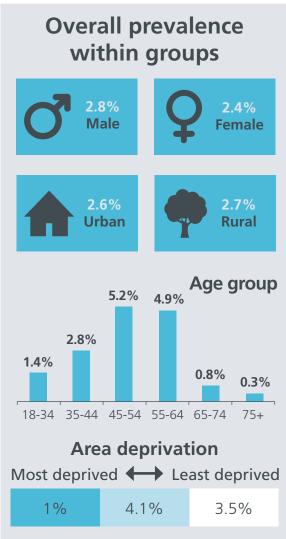
One in forty (2.6%) adults in Wales have been put at risk in a car due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 64,214 people aged 18 years and older.

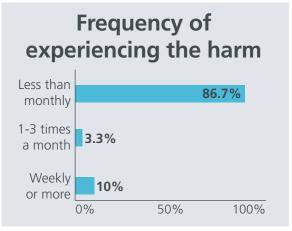
No significant differences in experience of this harm were seen between individual, household or area characteristics.

Of those experiencing this harm, one in ten (10%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A friend (36.7%);
- A stranger (30%); and/or,
- A partner living in the same household (16.7%).







### **Felt anxious**

Felt uncomfortable or anxious at a social occasion due to someone else's drinking



Overall prevalence in the adult population in the last year: 29.2%

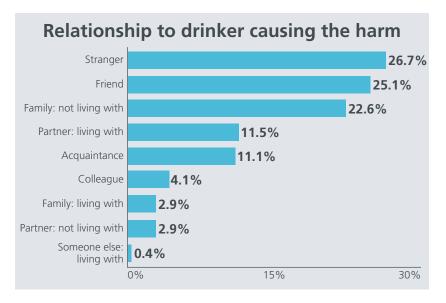
### **Summary**

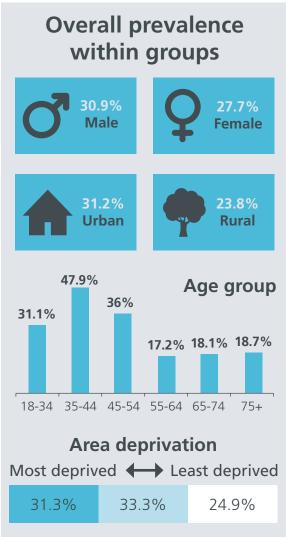
Nearly three in ten (29.2%) adults in Wales have felt uncomfortable or anxious at a social occasion due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 714,498 people aged 18 years and older.

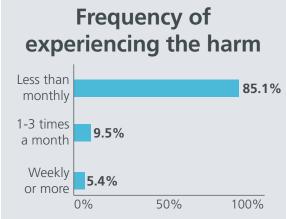
After controlling for socio-demographics and other confounding factors, only age group was significantly associated with feeling uncomfortable or anxious at a social situation, with the highest levels reported in those aged 18 to 54 years.

Of those experiencing this harm, over one in 20 (5.4%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A stranger (26.7%);
- A friend (25.1%); and/or,
- A family member living in a different household (22.6%).







## **Property damage**

Had something that mattered broken or damaged due to someone else's drinking



Overall prevalence in the adult population in the last year: 10.8%

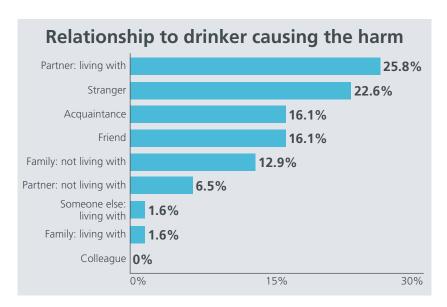
### **Summary**

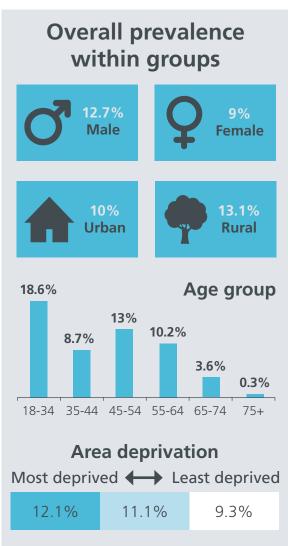
One in ten (10.8%) adults in Wales have had something that mattered to them broken or damaged due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 264,268 people aged 18 years and older.

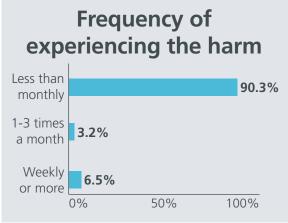
After controlling for socio-demographics and other confounding factors, only age group was independently associated with having had something that mattered broken or damaged, with the highest levels reported in those who were aged 18-34 years.

Of those experiencing this harm, over one in 15 (6.5%) experienced it weekly or more often. Those that caused the harms were most commonly reported to be:

- A partner living in the same household (25.8%);
- A stranger (22.6%);
- An acquaintance (16.1%); and/or,
- A friend (16.1%).







### Spending issue

Had money that would have improved their quality of life spent on another's alcohol-related purchases



Overall prevalence in the adult population in the last year: 8.3%

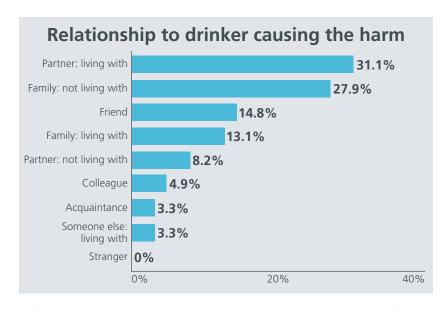
### **Summary**

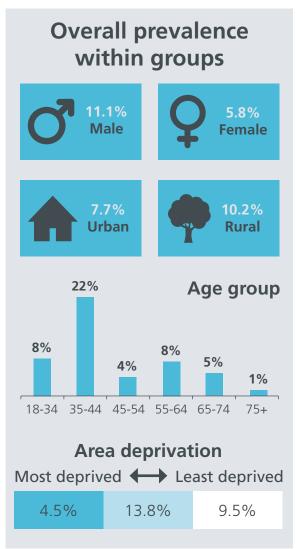
Over one in 12 (8.3%) adults in Wales have had money that would have improved their quality of life spent on another's alcohol-related purchases in the last 12 months. Nationally, this is estimated to be equivalent to 203,898 people aged 18 years and older.

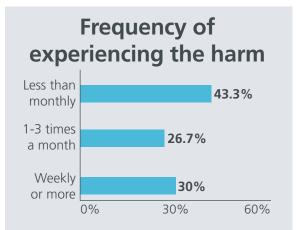
After controlling for socio-demographics and other confounding factors, only age group and relationship status were independently associated with having had money that would have improved their quality of life spent on another's alcohol-related purchases, with the highest levels reported in those who were: aged 18 to 54 years; and single.

Of those experiencing this harm, three in ten (30%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A partner living in the same household (31.1%); and/or,
- A family member living in a different household (27.9%).







### Concern for child

Genuinely concerned about harm to children due to someone else's drinking



Overall prevalence in the adult population in the last year: 5.4%

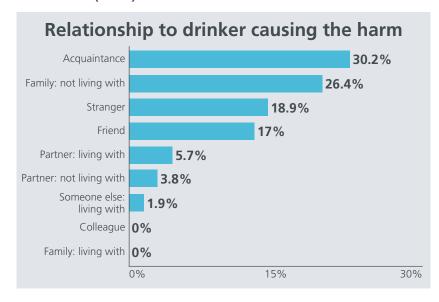
### **Summary**

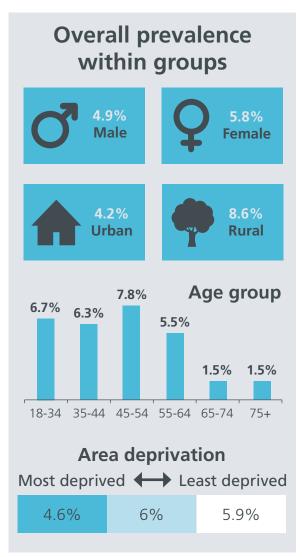
One in twenty (5.4%) adults in Wales have been genuinely concerned about harms being caused to their or another's child/children due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 131,337 people aged 18 years and older.

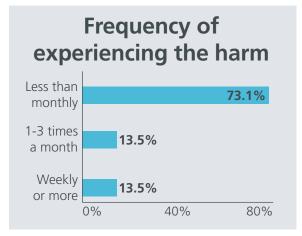
After controlling for socio-demographics and other confounding factors, only living in a household with children was significantly associated with having been genuinely concerned about harms being caused to their or another's child/children.

Of those experiencing this harm, over one in ten (13.5%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- An acquaintance (30.2%);
- A family member living in a different household (26.4%);
- A stranger (18.9%); and/or,
- A friend (17%).







### Care burden

Spent personal time caring for a person with a long term health condition or disability that resulted from their current or previous drinking



Overall prevalence in the adult population in the last year: 6.2%

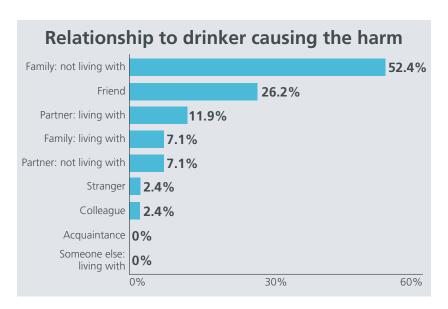
### **Summary**

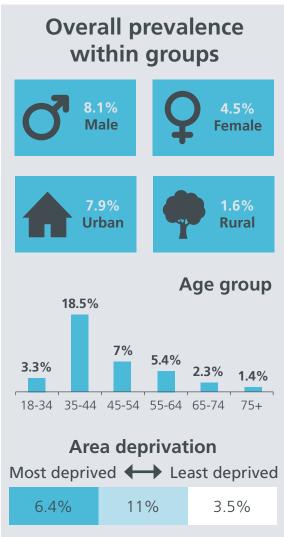
Just over one in 17 (6.2%) adults in Wales have had to spend personal time caring for a person with a long term health condition or disability that resulted from their current or previous drinking in the last 12 months. Nationally, this is estimated to be equivalent to 152,217 people aged 18 years and older.

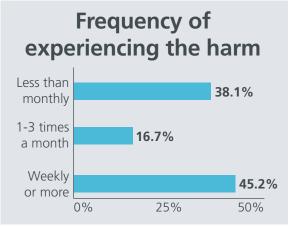
No significant differences in experience of this harm were seen between individual, household or area characteristics.

Of those experiencing this harm, nearly half (45.2%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A family member living in a different household (52.4%); and/or,
- A friend (26.2%).







### Let down

Let down by someone due to them failing to do something that you were counting on them to do because of their drinking



Overall prevalence in the adult population in the last year: 19.2%

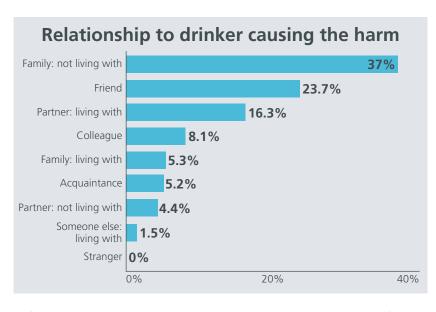
### **Summary**

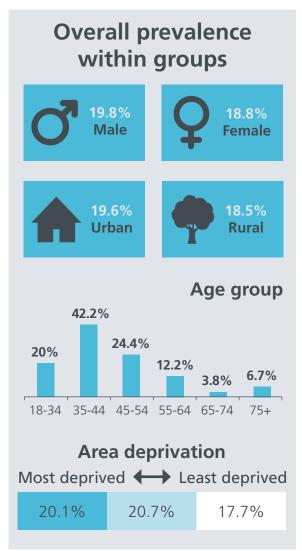
Just under one in five (19.2%) adults in Wales have been let down by someone due to them failing to do something that they were counting on them to do because of their drinking in the last 12 months. Nationally, this is estimated to be equivalent to 471,033 people aged 18 years and older.

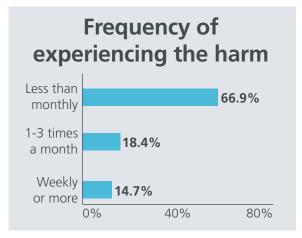
After controlling for socio-demographics and other confounding factors, only age group was independently associated with being let down, with the highest levels reported in those aged 18 to 54 years.

Of those experiencing this harm, over one in ten (14.7%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A family member living in a different household (37%); and/or,
- A friend (23.7%).







## **Disrupted sleep**

Kept awake due to noise or disruption because of someone else's drinking



Overall prevalence in the adult population in the last year: 29%

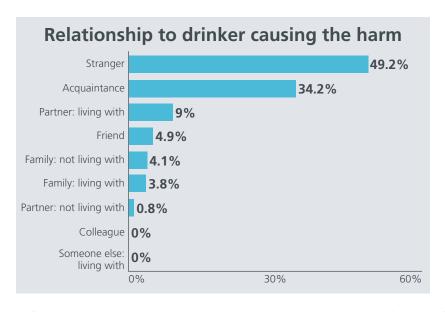
### **Summary**

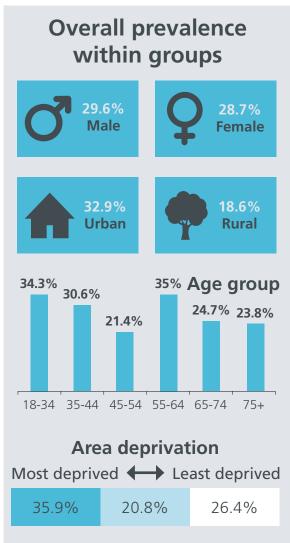
Just under three in ten (29%) adults in Wales have been kept awake due to noise or disruption due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 709,530 people aged 18 years and older.

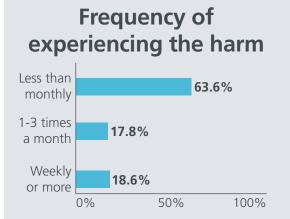
After controlling for socio-demographics and other confounding factors, only age group and area type (i.e. urban/rural) were independently associated with having been kept awake due to noise or disruption, with the highest levels reported in those: aged under 75 years; and living in an urban area.

Of those experiencing this harm, just under one in five (18.6%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A stranger (49.2%); and/or,
- An acquaintance (34.2%).







### Drank to cope





Overall prevalence in the adult population in the last year: 6.2%

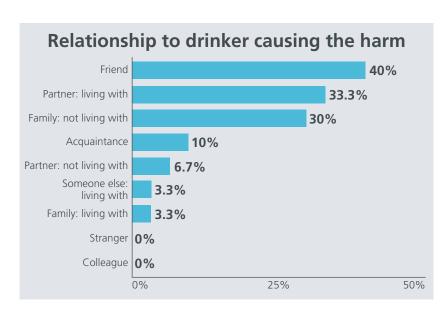
### **Summary**

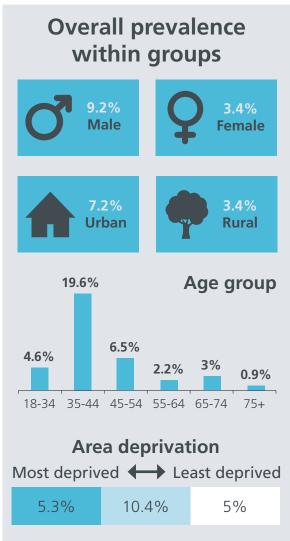
Just over one in 17 (6.2%) adults in Wales have drank alcohol to cope with problems caused by someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 152,035 people aged 18 years and older.

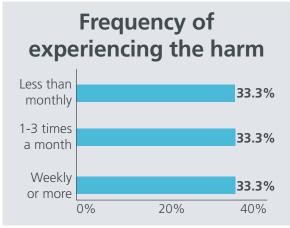
After controlling for socio-demographics and other confounding factors, only personal alcohol consumption was significantly associated with having drank alcohol to cope with problems, with the highest levels reported in those who regularly binge drink.

Of those experiencing this harm, a third (33.3%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A friend (40%):
- A partner living in the same household (33.3%); and/or,
- A family member living in a different household (30%).







### **Ended contact**





Overall prevalence in the adult population in the last year: 15.5%

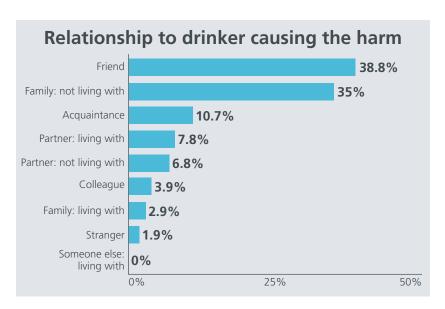
#### **Summary**

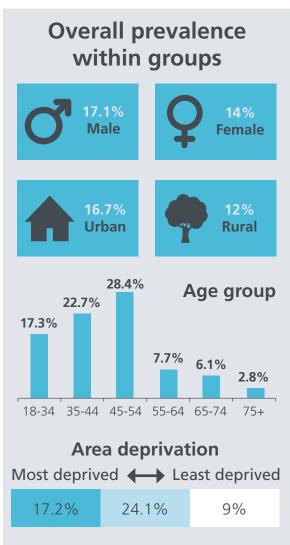
Under one in six (15.5%) adults in Wales have had to stop seeing or being in contact with someone due to their drinking in the last 12 months. Nationally, this is estimated to be equivalent to 378,632 people aged 18 years and older.

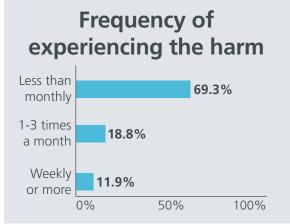
After controlling for socio-demographics and other confounding factors, only age group was independently associated with having had to stop seeing or being in contact with someone, with the highest levels reported in those aged 45-54 years.

Of those experiencing this harm, one in eight (11.9%) experienced it once a week or more often. Those that caused the harms were most commonly reported to be:

- A friend (38.8%); and/or,
- A family member living in a different household (35%).







### **Police contact**

Contacted the police due to someone else's drinking



Overall prevalence in the adult population in the last year: 10.8%

### **Summary**

One in ten (10.8%) adults in Wales have had to contact the police due to someone else's drinking in the last 12 months. Nationally, this is estimated to be equivalent to 264,775 people aged 18 years and older.

No significant differences in experience of this harm were seen between individual, household or area characteristics.

Of those experiencing this harm, nearly one in ten (8.6%) experienced it weekly or more often. Those that caused the harms were most commonly reported to be:

- A stranger (41%); and/or,
- An acquaintance (30.1%).

